

THE MESSENGER

"Connecting with Love, Unity and Service"

Theme of the 74th General Service Conference

MESSAGE FROM THE EDITOR

Hello and happy New Year, Area 30!

Now that the holidays—or, "The Trifecta," if you prefer—are behind us, we can begin to look ahead to chilly days, hot coffee, and another (or first, if you're new!) sober winter.

For all of us, January at the Area level is a time for both reflection and planning, so I hope you enjoy today's workshops fully. We were not able to meet in person this time, but HP has quite a sense of humor, given the massive "weather event" that's upon us.

I have everything I need, just for today.

In service, Catherine RM Area 30 Messenger Chair/Editor Volume 45, Issue 5 January 7, 2024

IN THIS ISSUE:

Message from the Editor

Happy New Year!

Safety

Service Sponsorship

Brain Teaser

Committee Meetings

Roadshows

Pamphlets!

HAPPY NEW YEAR!

Happy New Year! Wishing you a healthy and prosperous new year. Thanks for all that you do! I appreciate all your efforts and look forward to a fabulous year with you.

This past year has been a revival of sorts. We started the year with the hope of having hybrid meetings and Assemblies for as many people can make it. We now have a technology committee working



on keeping our information and meetings happening. There were 6 Ad Hoc Committees formed and some are still in the process of coming up with the best way to run the area for the best involvement of our groups and members. We had an Area 30 meeting inventory which we were thankful for Matt C. from CT, a past delegate, to chair.

The Ad Hoc Committees are making progress for the area. First the Messenger Ad Hoc Committee have said they were finished and will be reporting soon. Then the Safety Ad Hoc gave us a guide to help with getting along and having respect for everyone.

The Archives Committee have done an excellent job with the Repository. They have worked tirelessly and made several recommendations to make our Archives up to date. We are looking forward to the final version of our repository this year.

The New Meeting Ad Hoc Committee is looking for a new space for our area meetings. They have visited many spaces and called a lot of churches in the area. However, there isn't a space for us yet. Just a FYI: The Belmont-Watertown Church that we meet in, is selling the building and we need a new place. We need a place that is accessible for handicap members, accessible to public transportation, has parking, has space for us to make coffee and serve snacks, as well as store and leave our materials and stuff. If you know of any place, please let us know ASAP.

The Area 30 Meeting Ad Hoc Committee is looking at making some suggestions on how to run and use best practices for our Area 30 meeting. The chair of that committee was available for the December Area meeting. We had many conversations and we had someone taking notes. (time, topics, and how many times to meet are some of the logistics being considered)

The Assembly Ad Hoc Committee is looking at our Assemblies and what would be the best way to move forward so to best serve the whole Area. They have contacted several districts, and we are looking forward to hearing their recommendations and voting to make it work for the most people.

We are also trying to get in touch with inactive districts. If you are interested, please let me know and I would be glad for your support. (Virginia 781-856-0220.)

In service, Virginia M, Chair chair@aaemass.org

SAFETY

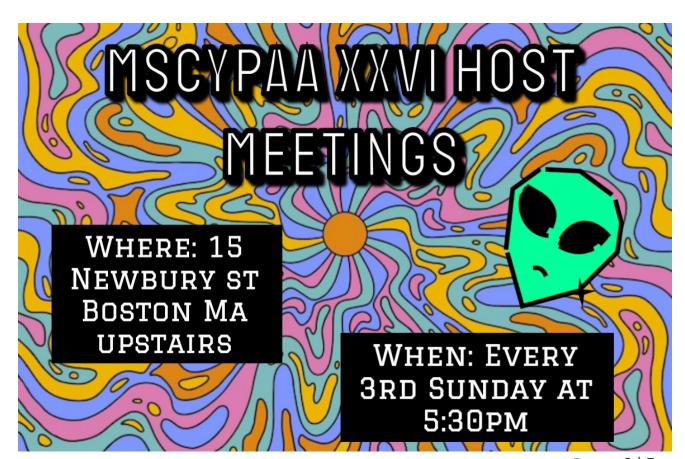
It is our desire that all members feel safe here. Whether you are in a recovery meeting, service meeting or AA event, safety is very important to us. If you have any issues at all, please contact the CHAIR so the issue can be addressed. If you wish to learn more about the safety guidelines recommended by the General Service Office, please go to aa.org. Type in the word Safety in the search box and this will bring you to the service material they provide.



ATTENDING TODAY'S ASSEMBLY ONLINE?



Area 30 strongly encourages service sponsorship, especially for those new to work within the General Service Structure. It is important that your service sponsor has some knowledge of how the General Service structure operates. It is important that your service sponsor knows about the position you are serving in. We would suggest that anyone willing to be a service sponsor please add an SS to the end of their name so people know who is available and who they can reach out to.



BRAIN TEASER

Can you find all the words?

WINTER WORDSEARGH

R X Ε Р D Ε C Ε M В Ε R ١ U Ζ S E Ε Ρ Ρ Ν C K W Q Υ M F S 0 W Т Υ Ν M Α Ν Т R Υ Ε Т Α C C L V Τ L Q O Ν Α S E G Р В Υ S Ν S L W D G Т Α Н S W Ζ K Υ -Ρ O D Α Ε L S Р S R G M M Υ Ε C S U G Η Ζ C R Τ C R Χ R Μ 0 Q 0 G Ν G Ζ 0 Α Α C Η W J R S Р U K R L U Η R Ε Υ W Ε Ν ı Τ Α Α Α K R Η Ν F I J В S ı D 0 0 Т K M F D R M Α L R G Ρ Н Α Κ O S F R S Ζ Ε Α C J Η F R Ν С O O Ρ Ζ Α F W Ρ Ρ C Н Р Τ Μ Α O Κ C 0 S Ν Ε Τ M X S Α Т Т M

WORD LIST

BLIZZARD	FROZEN	MITTENS	SNOWMAN
BOOTS	HAT	NEW YEAR	SNOWPLOW
COAT	HOLIDAYS	QUILT	SOCKS
COLD	ICICLE	SCARF	SWEATER
DECEMBER	JANUARY	SKIING	WINTER

COMMITTEE MEETINGS IN AREA 30

Many Committee Meetings convene virtually. Please see the Area Calendar at <u>aaemass.org</u> or contact Committee Chairs to inquire about location, format, and possible time changes. All are welcome to attend.

General Service Area Committee – chair@aaemass.org

8:00pm – 4th Wednesday of the month

Note: 3rd Wednesday in November & December

Accessibilities Committee - accessibilities@aaemass.org

6:30pm - 3rd Wednesday of the month

Some alcoholics experience barriers to participating in AA due to cultural, geographic, mental, physical, or social factors, or other reasons. This committee is working toward a future where all who want to participate in AA meetings (and other AA services) in Eastern Massachusetts are in fact able to fully participate.



Archives Committee – archives@aaemass.org

7:00pm – 3rd Thursday of the month

The Archives Committee is charged with collecting, preserving and presenting materials of historical interest to Alcoholics Anonymous. We invite you to join us as we continue our efforts to discover and celebrate the history of AA in Eastern Massachusetts.

CPC Committee – cpc@aaemass.org

7:00pm – 2nd Thursday of the month

Members of C.P.C. committees inform professionals and future professionals about A.A. — what we are, where we are, what we can do, and what we cannot do. They attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating.

Joint Correctional Facilities Committee - corrections@aaemass.org

7:00pm – 4th Thursday of the month

Responsibilities include working with the correctional facilities in Area 30 to assist in bringing the AA message behind the walls. We currently offer a service helping inmates who are being released from prison connect with AA members in their communities called the Prerelease Contact Program. AA's who are interested in corresponding with an inmate by mail or being included on a 12-step call list to serve as contact points for those getting out of prison should contact Boston Central Service for particulars.

Grapevine Committee – grapevine@aaemass.org

7:00pm – 1st Wednesday of the month

One of the Grapevine Committee's primary goals is to let the people and their groups in Area 30 know all we can about our "meeting in print." Like our meetings, the monthly Grapevine magazine is as diverse as each of us. Its 64 pages, written by friends and members of AA, have become the voice of AA today. Through the Grapevine, members share their Experience, Strength, and Hope, always striving to carry the message of Recovery -Unity - Service to all who read it.

COMMITTEE MEETINGS IN AREA 30 (cont.)

Literature Committee – literature@aaemass.org

7:00pm – 1st Monday of the month

In addition to our committee's purpose and goals listed on the CONTACTS page of this website, we use the time at our meeting to review current conference-approved and locally developed literature in order to be able to let the membership know what is available and to assure that the message is consistent with the principles of our Steps and Traditions. We answer inquiries requesting information on various topics and provide possible sources of information. Our goal is to inform the membership of the tools available for our own recovery as well as to carry the message to others.

Joint Public Information Committee - pi@aaemass.org

7:00pm – 1st Thursday of the month

Public Information (P.I.) in Alcoholics Anonymous means carrying the message of recovery to the still-suffering alcoholic by informing the general public about the A.A. program. We carry the message by getting in touch with the media, schools, industry, and other organizations which can report on the nature and purpose of A.A. and what it can do for alcoholics.

Joint Treatment Facilities Committee - treatment@aaemass.org

7:00pm – 3rd Friday of the month

The purpose of the committee is to coordinate the work of individual AA members and groups who are interested in carrying our message of recovery to alcoholics in treatment facilities, and to set up means of "Bridging the Gap" from the facility to the larger community. The JTFC provides information about AA as well as literature and guidelines for setting up AA meetings in treatment and outpatient facilities. Its objective to make sure all treatment facilities wanting AA meetings to participate is serviced.

Technology Committee – <u>techno</u>logy@aaemass.org

7:00pm – 1st Tuesday of the month

This committee currently meets jointly with the Website Committee.

Website Committee – website@aaemass.org

7:00pm – 1st Tuesday of the month

This committee maintains the Area 30 website per assembly action and develops recommendations on the future maintenance of the site. This committee currently meets jointly with the Technology Committee.

Joint Committees: In the spirit of cooperation, the Boston Central Service Committee and the Eastern Massachusetts General Service Committee (Area 30) work together on these committees whose purposes are to carry the message of experience, strength, and hope to those who may be interested in Alcoholics Anonymous.

ROAD SHOWS



The Area Committee is available to speak at your commitment meeting! While we cannot reciprocate with an outgoing commitment for your group, we would love to visit your speaker meeting and share our experience, strength, and hope. If you think your group would like an Area 30 Road Show, please contact our Area Alternate Chair at altchair@aaemass.org.

HAVE QUESTIONS ABOUT ALCOHOLICS ANONYMOUS?

AA publishes short, easy to read pamphlets to answer almost any question you may have. Scan the QR code here to browse and/or order pamphlets.

Check 'em out!



The Area 30 newsletter, *The Messenger*, is published five times a year. It is available at all Area Assemblies and through the service structure at the many, varied committee meetings, schedules for which are found in this edition and posted on aaemass.org. *The Messenger* contains news, stories, and special events going on in Eastern Massachusetts. Suggestions and submissions are welcome and may be emailed to messenger@aaemass.org. Please include your confidential contact information.