

July 2005



# The Beacon

Worcester Area Intergroup

Email: [Beacon@AAworchester.org](mailto:Beacon@AAworchester.org)

Volume 7, Issue 7



*“...it’s as simple as two drunks talking with one another...”*

<http://www.aa.org/bigbookonline/>



ALCOHOLICS  
ANONYMOUS

now available  
THE BIG BOOK ONLINE FOURTH EDITION

*“...Walk softly and carry a Big Book...”*

# NECYPAA

NEW ENGLAND CONFERENCE OF YOUNG PEOPLE IN AA

This years NECYPAA will be a blast. The host committee is actively working on all the preparations.

To stay tuned to breaking news, check out our website at:

[www.NECYPAA.org](http://www.NECYPAA.org)



*“The circle stands for the whole world of A.A., and the triangle stands for A.A.’s Three Legacies of Recovery, Unity, and Service.”*

Alcoholics Anonymous Comes of Age, page 139

<u>Step Seven</u> (Recovery)	<u>Tradition Seven</u> (Unity)	<u>Concept Seven</u> (Service)
<i>Humbly asked Him to remove our shortcomings.</i>	<i>Every A.A. group ought to be fully self-supporting, declining outside contributions.</i>	<i>The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.</i>

### Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

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Each Month the corresponding Tradition checklist will be published.

### *Tradition Seven Checklist*

1) Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't	4) Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
2) Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per	5) Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
3) If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?	6) How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

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On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklist's

[www.aagrapevine.org/stepsTrads/stepsTrads\\_index.html](http://www.aagrapevine.org/stepsTrads/stepsTrads_index.html)

<b>Service Meetings Monthly Schedule</b>			
<b>InterGroup/District 25 &amp; 26</b>			
<b>Public Information</b>	Intergroup Office 100 Grove St. # 309 Worcester	4th Monday	7:00 pm
<b>District 25 (GSR's)</b>	St. Joan of Arc Church 570 Lincoln St. Worcester	1st Tuesday	7:30 pm
<b>Joint Corrections</b>	Intergroup Office 100 Grove St. # 309 Worcester	2nd Tuesday	7:00 pm
<b>District 25 - CPC Committee</b>	Intergroup Office 100 Grove St. # 309 Worcester	2nd Wed.	6:30 pm
<b>District 26 (GSR's)</b>	Local 60 Union Hall Mechanic St. Leominster	1st Thursday	7:00 pm
<b>Steering Committee</b>	St. Joan of Arc Church 570 Lincoln St. Worcester	2nd Thursday	6:15 pm
<b>Intergroup Delegates</b>	St. Joan of Arc Church 570 Lincoln St. Worcester	2nd Thursday	7:00 pm
<b>Social Committee</b>	Sacred Heart Church 595 Cambridge St. Worcester	2nd Saturday	6:00 pm
<b>Joint Treatment</b>	Intergroup Office 100 Grove St. # 309 Worcester	4th Saturday	10:00 am
<b>Area 30</b>			
<b>Grapevine Committee</b>	Boston Central Service 368 Congress St. Lower Level Boston	4th Sunday	1:00pm
<b>Literature Committee</b>	Carter Methodist Church 800 Highland Ave. Needham	1st Monday	7:30pm
<b>Eastern Mass. GSC</b>	St. John's 80 Mt. Auburn Watertown	4th Wed.	8:00pm
<b>Joint Public Information</b>	Boston Central Service 368 Congress St. Lower Level Boston	1st Thursday	7:00pm
<b>CPC Committee</b>	Boston Central Service 368 Congress St. Lower Level Boston	2nd Thursday	7:00pm
<b>Archives Committee</b>	St. John's 80 Mt. Auburn Watertown	3rd Thursday	7:30pm
<b>Corrections Committee</b>	Boston Central Service 368 Congress St. Lower Level Boston	4th Thursday	TBD
<b>Joint Treatment Facilities</b>	St. Paul's 59 Court Street Dedham	3rd Friday	8:00pm

<b>Group Donations</b>			
<i>The following shows a <b>suggested</b> breakdown of each Group dollar donated and the mailing address for each Service Entity:</i>			
<b>50%</b>	<b>30%</b>	<b>10%</b>	<b>10%</b>
<b>Worcester Area Intergroup</b> 100 Grove Street Suite 309 Worcester, MA 01605	<b>G.S.O.</b> PO Box 459 Grand Central Station New York, NY 10163	<b>District #25</b> PO Box 4553 Turnpike Station Shrewsbury, MA 01545	<b>General Service Committee</b> PO Box 51411 Boston, MA 02205

The Bookie Board

	Town	Group	Time	Contact	Phone
<b>Sunday</b>	Ashburnham	Naukeag Group	6:15 pm	Dan L.	Personal Phone Numbers Removed - Please contact the Intergroup office for assistance @ (508) 752-9000
	Brookfield	Sunday Morning	10:00 am	Paul L.	
	Fitchburg	Sunday Morning	10:15 am	Frank G.	
	Shrewsbury	Shrewsbury Gratitude	7:00 pm	John S.	
	Southbridge	Southbridge Originals	7:00 pm	André L.	
	Stow	Stow Sunday	11:00 am	Ed C.	
	Webster	Triton	7:30 pm	Kim W.	
	Westboro	Sunday Morning	11:00 am	JoAnn W.	
	Worcester	Early Risers	10:00 am	John O.	
		There is Hope	10:00 am	Gene C.	
		Way of Sobriety	10:00 am	Sandy A.	
<b>Monday</b>	Spencer	Spencer Fellowship	7:30 pm	Anna R.	
	Sutton	Sutton Center	7:00 pm	John C.	
	Webster	Joy of Living	8:00 pm	Harry H.	
	Worcester	Crozier	8:00 pm	Marla V.	
<b>Tuesday</b>	Charlton	Courage to Change	7:30 pm	Darryl	
	Groton	Easy Does it	7:30 pm	Joe F.	
	Worcester	Young People	7:30 pm	Steve D.	
<b>Wednesday</b>	Auburn	Auburn Group	7:30 pm	Tony B.	
	Westboro	Westboro Forge	8:00 pm	Larry B.	
		Top of the Hill	8:00 pm	Bonnie	
	Worcester	We Mean Business	7:00 pm	Dan M.	
<b>Thursday</b>	Douglas	Maintenance & Repair	7:00 pm	Suzanne	
	Dudley	Day at a Time	8:30 pm	Jim B.	
	Holden	Holden Group	8:00 pm	Mike K.	
	Whitinsville	GOYA	8:00 pm	Peter L.	
	Worcester	Stay Active	6:45 pm	Nancy Q.	
		Serenity	7:30 pm	Cynthia C.	
<b>Friday</b>	Marlboro	New Life	8:00 pm	Dick C.	
	Worcester	Greendale	8:30 pm	Ginny	
<b>Saturday</b>	Millbury	Millbury Traditions	7:30 pm	Mary C.	
	Upton	Upton Capertown	1:30 pm	Curt	
	Worcester	How it Works	6:45 pm	Mike S.	

\*\*\* Group Updates Needed!! \*\*\*

If your group is not listed, please eMail your updates to : [Beacon@AAworchester.org](mailto:Beacon@AAworchester.org)

Please include Town, name of Meeting, First Name, and contact number.

**H.A.L.T. Line needs your help!**

Contact the H.A.L.T. line chairpeople at [haltline@aaworcester.org](mailto:haltline@aaworcester.org) or call WAI at (508) 752-9000 to volunteer to answer the phone when someone calls looking for a meeting in the Greater Worcester Area.

The following chart shows the available hours that need to be filled on the H.A.L.T. Line.  
 During the hours listed below there is nobody to answer the phones when someone calls looking for a meeting in the area.  
*“...We can’t keep it unless we give it away...”*

Day	<u>Available Hours</u>				
<b>Sunday</b>	<i>All slots filled!</i>				
<b>Monday</b>	<i>All slots filled!</i>				
<b>Tuesday</b>	8:00 - 9:00 am	9:00 - 10:00 am	<i>All other Tuesday slots are filled!</i>		
<b>Wednesday</b>	<i>All slots filled!</i>				
<b>Thursday</b>	3:00 - 4:00 am	4:00 - 5:00 am	5:00 - 6:00 am	6:00 - 7:00 am	7:00 - 8:00 am
<b>Friday</b>	8:00 - 9:00 am	9:00 - 10:00 am	<i>All other Friday slots are filled!</i>		
<b>Saturday</b>	5:00 - 6:00 pm	8:00 - 9:00 pm	9:00 - 10:00 pm	10:00 - 11:00 pm	

*“...Get Open, Get Honest, Get on with a better way of living...”*

<u>Upcoming Events</u>	
August 15	<b>Area 30 Roadshow - Fitchburg Friendship Group - 7:45 pm</b> Fitchburg Friendship Group - 7th Day Adventist Church - 205 Summer St. Fitchburg
August 19	<b>Area 30 Bus Trip to G.S.O.</b> Contact Francis (978) 250-1842
Nov 11 - 13	<b>42nd Massachusetts State AA Convention</b> Hosted by Areas 30 and 31. Sheraton Framingham, Framingham, MA

**Save your Grapevines!!**

Please set up a box at YOUR meetings. Worcester Area Inter-group will take your donations of old Grapevine issues to send out to Treatment and Correctional Facilities.



**THE WILSON HOUSE**

**Worcester Area Intergroup**

100 Grove St., Suite 309  
 Worcester, MA 01605  
 (508) 752-9000  
 (508) 752-0755 (fax)

[www.aaworcester.org](http://www.aaworcester.org)

**Office Hours:**

Monday 10am-2pm  
 Tuesday 10am-8pm  
 Wednesday 10am-8pm  
 Thursday 10am-8pm  
 Friday 10am-2pm  
 Saturday 9am-2pm  
 Sunday CLOSED

**2005  
 Intergroup Timeline**



<b>October 13</b>	Slots for Thanksgiving Alcathon drawn.
<b>November 10</b>	Slots for Christmas & New Year's Alcathon's drawn.
<b>Monthly Mtg Schedule</b>	<b>July 14, August 11, September 8, October 13, November 10, December 8.</b>

*"...Give more than you receive - and you will be given more..."*



*"...Expect back what you give out..."*

**Steering Committee & Committee Chairpersons**

<u>Position</u>	<u>Name</u>	<u>eMail Address</u>
Chairperson	Ellen McQ.	<a href="mailto:Intergroupchair@rcn.com">Intergroupchair@rcn.com</a>
Alternate Chair	Bob Mc.	
Secretary	Brandy H.	<a href="mailto:Intergroupsecretary@rcn.com">Intergroupsecretary@rcn.com</a>
Treasurer	Harry H.	<a href="mailto:Intergrouptreasurer@rcn.com">Intergrouptreasurer@rcn.com</a>
Alternate Treasurer	Sandy A.	
Trustees	Bob D. , Kristi C. , Jeanne L., Bruce W.	
Office Manager	John H.	<a href="mailto:steps@rcn.com">steps@rcn.com</a>
Treatment Facilities	Sue N.	<a href="mailto:treatment@rcn.com">treatment@rcn.com</a>
Correctional Facilities	<b>OPEN</b>	<a href="mailto:Corrections@rcn.com">Corrections@rcn.com</a>
H.A.L.T. Line Co-Chairperson	Janet L.	<a href="mailto:haltline@rcn.com">haltline@rcn.com</a>
Social Committee	<b>OPEN</b>	<a href="mailto:Social@rcn.com">Social@rcn.com</a>
Public Information	Bruce W.	<a href="mailto:PIChair@rcn.com">PIChair@rcn.com</a>
Webmaster	Bruce W.	<a href="mailto:webmaster@rcn.com">webmaster@rcn.com</a>
Liaison to District 25	Mary M.	
Liaison to Area 30	<b>Open</b>	
Alcathon Committee	Billy S.	
Beacon Editor	Charlie W.	<a href="mailto:beacon@rcn.com">beacon@rcn.com</a> or [REDACTED]

**“Wherever you go, there you are”**

*Some A.A. websites of interest*

<a href="http://www.aa.org">www.aa.org</a>	Alcoholics Anonymous World Services
<a href="http://www.aaworcester.org">www.aaworcester.org</a>	Worcester Area InterGroup
<a href="http://www.aaemass.org">www.aaemass.org</a>	The Area 30 Website
<a href="http://www.capecodaa.com">www.capecodaa.com</a>	Cape Code InterGroup website
<a href="http://www.rhodeisland-aa.org">www.rhodeisland-aa.org</a>	Rhode Island Official AA website
<a href="http://www.ct-aa.org">www.ct-aa.org</a>	Connecticut Official AA website
<a href="http://www.nh.com/ipusers/nhaa">www.nh.com/ipusers/nhaa</a>	New Hampshire Official AA website
<a href="http://www.aavt.org">www.aavt.org</a>	Vermont Official AA website
<a href="http://www.aamaine.org">www.aamaine.org</a>	Maine Official AA website



**Keeping it simple - 24 Hours at a time**

In the moments of any given day, emotions can be up, down, sideways, or indescribable. When things are good and all the cosmic tumblers seemed to be aligned, when I can do no wrong in anything I attempt to do, I sometimes become less than comfortable. When the pooh hits the fan, I know exactly what to do. *Call my sponsor, get to a meeting, pick up the phone, open up to another alcoholic, and do it quickly.* A problem talked about openly and honestly, can be cut in half in a short time. Issues held inside, and buried, fester forever, until they're dealt with. Denial is the fertilizer by which my troubles can grow.

But, in those moments of good, I can handle things poorly. I may come on too strong. I may bask in my own genius. I may become less humble. I may no longer remain *right sized*. These are the moments we work for in our sobriety. *When the World finally stops coming to an end, when all the woes of my life dissipate and become solved. When all is right, and the good feeling inside warms us up, and tells us the effort was worth it. Going to meetings after meetings after meetings has finally paid off.* It's in these good times I need to be the most right sized. The most humble. I need to understand that it may be fleeting, and accept (and enjoy) the payoff.

Sometimes 24 hours is too large of a time slice for me to live in. 60 minutes works better sometimes, and even in times of critical mass, when negative life seems to be closing in, 60 seconds is even more manageable for me.

As I was taught, in good times or bad, accept where you're at, learn from the experience, and pass it on as soon as you can. Try not to victimize people in your life when you're down, up, sideways, or in some other funk.

Acceptance is one of the keys to keeping it simple.

**Do you have a story to tell?**

Sobriety based stories are always welcomed at **The Beacon**.

There are only a few suggested guidelines when submitting something for consideration:

- This publication is provided by Worcester Area Intergroup, and therefore stories are limited to experience, strength and hope as it relates to alcoholism.
- No personal information will be printed (i.e. Phone numbers, email addresses, etc). You may submit your writings as "Anonymous" if you wish, however contact information is required in case the editor has any questions/concerns.
- The editor has final say as to what does and does not get published.
- The publication goes to the printer on the 15th of the month, so writings must be submitted by the 10th for enough time for review and any revisions that may be needed.

eMail your stories to: [Beacon@AAworcester.org](mailto:Beacon@AAworcester.org)

**12 Step Volunteer Application**

Name: (last initial only)	_____	Phone: _____
Towns you will accept calls from:	_____	
Available Hours:	_____	
I wish to help:	<input type="checkbox"/> Males only <input type="checkbox"/> Females only <input type="checkbox"/> Both	
Age Groups I prefer:	<input type="checkbox"/> Teens <input type="checkbox"/> 20-30 <input type="checkbox"/> 30-40 <input type="checkbox"/> 40-50 <input type="checkbox"/> 50-60 <input type="checkbox"/> Over 60 Other: _____	
I am willing to:	<input type="checkbox"/> Talk to a person on the phone <input type="checkbox"/> Go to a persons home to talk <input type="checkbox"/> Give rides to A.A. Meetings <input type="checkbox"/> Give rides to Detox/Rehab <input type="checkbox"/> Meet someone at a meeting <input type="checkbox"/> Other: _____	

**Note. It is strongly suggested that a person NOT go on a Twelfth Step call alone!**



"I Am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that:  
I AM RESPONSIBLE."

**Preamble of Alcoholics Anonymous**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from Alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses or opposes any causes. Our Primary Purpose is to stay sober and help other alcoholics to achieve sobriety.

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