



The Beacon

Volume 12 Issue 10

October 2010

Worcester Area Intergroup

100 Grove St., Suite 314

Worcester, MA 01605

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www.aaworcester.org

Office Hours:

Monday 10am-2pm

Tuesday 10am-8pm

Wednesday 10am-2pm

Thursday 10am-8pm

Friday 10am-2pm

Saturday 9am-2pm

Sunday CLOSED

The Beacon Staff: January 2010 to December 2010

Editor: Michelle G.

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H.A.L.T.LINE NEWS

Thank you to all the new H.A.L.T. line Volunteers! We still have hours available that need to be covered on the H.A.L.T. line.

WE NEED YOUR HELP!!!

What is the HALT line? One alcoholic talking to another alcoholic. Isn't that what AA is all about?

"Talk to a drunk", you may be the link in the chain that could save their life.

What volunteers do:

- Give out current meeting list information.
- Talk and/or listen to a sober alcoholic in danger of picking up a drink.
- Talk to those seeking help with their drinking problem.

What do you need to volunteer?

A phone

One year of sobriety is recommended.

Meeting list

A phone (touch tone or cell phone)

An hour of your time.

Great way to do service without leaving your home.

If you would like information please email haltline@aaworcester.org or call Ferne at (508) 847 - 3802. Will train the right candidate - great pay - HUGE REWARDS! **From time to time the HALT Line will be rewarding volunteers for their time and dedication by awarding someone with a subscription to the GRAPEVINE.**

Local Service Meetings

Intergroup Steering Committee* - Veterans, Inc., 59 South St.
Shrewsbury, MA —6:00pm

Intergroup Delegates* - Veterans, Inc., 59 South St. Shrewsbury, MA
—7:00pm

**The Intergroup meetings occur the second Tuesday of month.*

Joint Public Information Committee— Worcester Area Intergroup Office 100 Grove St. Suite 314—4th Monday of each month—7:00pm



On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklists

www.aagrapevine.org

Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through October 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

STEP TEN: Continued to take personal inventory and when we were wrong promptly admitted it.

TRADITION TEN: *Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.*

TRADITIONS CHECKLIST:

TRADITION TEN: *Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.*

Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal government? Legalizing marijuana? Vitamins? Al-Anon? Alateen? Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?

What in AA history gave rise to our Tenth Tradition?

Have I had a similar experience in my own AA life?

What would AA be without this Tradition? Where would I be?

Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?

How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

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Are you willing to CARRY THE MESSAGE to an alcoholic in need?

Are you willing to help an alcoholic in need? The intergroup delegates are working to devise an updated list of people willing to volunteer for "12 Step calls". This information will be kept CONFIDENTIAL and only be used by the HALT line chair and other appropriate individuals. Please complete the "12 Step Volunteer Application" on page 6 and return to your groups Intergroup representative or drop off at the Intergroup office. You may also mail the completed application to: Worcester Area Intergroup 100 Grove St, Suite 314 Worcester, MA 01605

DAILY REFLECTIONS EXCERPTS**LEST WE BECOME COMPLACENT**

It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. ALCOHOLICS ANONYMOUS, p. 85

When I am in pain it is easy to stay close to the friends I have found in the program. Relief from that pain is provided in the solutions contained in A.A.'s Twelve Steps. But when I am feeling good and things are going well, I can become complacent. To put it simply, I become lazy and turn into the problem instead of the solution. I need to get into action, to take stock: where am I and where am I going? A daily inventory will tell me what I must change to regain spiritual balance. Admitting what I find within myself, to God and to another human being, keeps me honest and humble. Copyright © Daily Reflections, p. 283

DAILY MONITORING

Continued to take personal inventory . . . TWELVE STEPS AND TWELVE TRADITIONS, P.88

The spiritual axiom referred to in the Tenth step—"every time we are disturbed, no matter what the cause, there is something wrong *with us*"—also tells me that there are no exceptions to it. No matter how unreasonable others may seem, I am responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality.

When I take my daily inventory, I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my heart, I should thank that person.

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A.A.'s "MAIN TAPROOT"

The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole Society has sprung and flowered.

TWELVE STEPS AND TWELVE TRADITIONS, P. 21-22

Defeated and knowing it, I arrived at the doors of A.A., alone and afraid of the unknown. A power outside of myself had picked me up off my bed, guided me to the phone book, then to the bus stop, and through the doors of Alcoholics Anonymous. Once inside A.A. I experienced a sense of being loved and accepted, something I had not felt since early childhood. May I never lose the sense of wonder I experienced on that first evening with A.A., the greatest event of my entire life. Copyright © Daily Reflections, p. 301

FIXING ME, NOT YOU

If somebody hurts us and we are sore, we are in the wrong also.

TWELVE STEPS AND TWELVE TRADITIONS, P. 90

What a freedom I felt when this passage was pointed out to me! Suddenly I saw that I could do something about my anger, I could fix me, instead of trying to fix *them*. I believe that there are no exceptions to the axiom. Where I am angry, my anger is always self-centered. I must keep reminding myself that I am human, that I am doing the best I can, even when that best is sometimes poor. So I ask God to remove my anger and truly set me free.

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The 47th ANNUAL MASSACHUSETTS STATE AA CONVENTION!!

November 12, 13 & 14

Registration fee: \$15.00

Sheraton Framingham Hotel

(800) 325-3535 (508) 879-7200

Room rates per night (before taxes): \$125.00 Single/double; \$135.00 Triple/Quad
(The deadline for these rates is November 7, 2010. *Ask for the MA State Convention Room Block when making reservations.*)

Come along for a weekend of Fellowship. Meetings! Dances! Speakers! And more meetings!

Mailing address for checks/money orders: Registration, 47th MA State Convention P.O. Box
361 Weymouth, MA 02188

The flier may be downloaded/printed from: [http://www.aaworcester.org/
Flyers/2010mast_reg.pdf](http://www.aaworcester.org/Flyers/2010mast_reg.pdf)

THE GRAPEVINE: AA's meeting in print IS IN TROUBLE! PLEASE HELP BY PURCHASING A SUBSCRIPTION!

The AA Grapevine is the international journal of Alcoholics Anonymous. Written, edited, illustrated and read by AA members and others interested in the AA program of recovery from alcoholism, the Grapevine is a lifeline linking one alcoholic to another. The AA Grapevine communicates the experience strength and hope of its contributors and reflects a broad geographic spectrum of current AA experience with recovery, unity and service. ©GRAPEVINE

7 Issues = \$17

1 year (12 Issues) = \$27

You may order the Grapevine in one of three ways

1. Call 1 (800) 631-6025
2. Online at: <http://www.aagrapevine.org/catalog/shop/gvsuborder.php>
3. Mail completed subscription form (see below) with payment to: GRAPEVINE; PO Box 422488; Palm Coast, FL 32142-6997

YES I want to receive the experience, strength, and hope of Grapevine.

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Make checks or money orders payable to Grapevine and mail to PO Box 422487, Palm Coast, FL 32142-2487, Canadian orders: 7 issues US \$27, 1 year (12 issues) US \$31, GST included. Outside the US or Canada: 7 issues US \$29, 1 year US \$39.

Order by phone 1-800-631-6025 (US) 1-386-246-0148 (International)
AA Grapevine does not accept group contributions. It is self-supporting through the sale of magazine subscriptions and Grapevine items. Grapevine and all Grapevine items are mailed in packaging that protects anonymity.

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Intergroup Officers & Committee Chairpersons

Position	Name	email address
Chairperson	Billy B.	chair@aaworcester.org
Alt. Chair	Maura R.	
Secretary	Marc B.	secretary@aaworcester.org
Treasurer	Dot B.	treasurer@aaworcester.org
Alt. Treasurer	Ginny S.	
Trustees	Bob L., Joe N., Michelle N., Bob D.	
Office Manager	John H.	steps@aaworcester.org
Joint Treatment Facilities	Rich D.	treatment@aaworcester.org
Joint Correctional Facilities	Joe N.	corrections@aaworcester.org
Halt Line	Ferne S.	haltline@aaworcester.org
Social Committee	Maura R.	social@aaworcester.org
Joint Public Information	Hermis Y. (Junior)	pichair@aaworcester.org
Webmaster	John H.	webmaster@aaworcester.org
Joint Alcathon Committee	Michelle N.	
Beacon Editor	Michelle G.	beacon@aaworcester.org
Liaison to District 25	Jane P.	
Liaison to District 26	Richard M.	
Liaison to Area 30	Richard M.	

FROM THE OFFICE MANAGER

Worcester Area Intergroup (WAI) accepts information regarding AA related events to be included in the website calendar. Let us know if you have an event you would like publicized. Please email information to the Office Manager at:

webmaster@aaworcester.org

MEETING NEWS

MEETING CHANGES/MOVES: The **FOUR CORNERS** group now meets on Wednesday night from 8-9PM, with all AA business conducted after the meeting. *As Bill Sees It* has returned to Thursday nights at St. Stephen's Church from 7-8PM (At Grafton & Hamilton St.) **The Stay Active group is back in business!** (OSp) They are now meeting Thursday nights from 6:45-8PM at Congregational Church, 1070 Pleasant St. in Worcester. **NEW MEETINGS: She Means Business (CDW)** meets from 5-6PM on Tuesday nights at Bethel Lutheran, 90 Bryn Mawr in Auburn. Tuesday night in Northboro: **Desire to Stop Drinking—(OB12)**. Meets 6-7 PM at 45 Howard Street. Saturday morning in Harvard: **Happy, Joyous and Free—(OD)** meets from 9-10 a.m. at St. Teresa's 15 Still River Rd. **MEETING SPACE AVAILABLE:** Meeting space is now available for AA meetings at Veterans Inc., 59 South St., Shrewsbury, MA. For more information please contact: Susan Boucher at 508-791-1213, x132.



Subscription

Form

Please fill out form, enclose your payment, and mail to
The Beacon
 100 Grove Street Suite 314
 Worcester Mass. 01605

NAME _____

ADDRESS _____

CITY/STATE _____ ZIP _____

COUNTRY (If other than USA) _____ E

-MAIL ADDRESS _____

Subscriptions to The Beacon are \$5.00 per year to defray the cost of production and postage. Additional donations from members are gratefully accepted. Worcester Area Intergroup is a non-profit organization, dependent on members' contributions. Please make checks payable to Worcester Area Intergroup.

12 Step Volunteer Application

Name (First name and last initial): _____

Telephone Number: _____

Towns you will accept calls from: _____

Hours that you are available: _____

I wish to help: Males Only Females Only Both

Ages I am willing to work with: Teens 20 to 30 30 to 40 40 to 50 50 to 60 Over 60

Other (Please specify) _____

MAIL TO: Worcester Area Intergroup
100 Grove St., Suite 314
Worcester, MA 01605

I am willing to: (please circle all that apply)

Talk to a person on the phone Go to a persons home to talk *

Give rides to AA Meetings Give rides to Detox *

Meet someone at a meeting Other (please specify) _____

*It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.