

# The Beacon

Volume 12 Issue 9

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Worcester Area Intergroup 100 Grove St., Suite 314 Worcester, MA 01605 (508) 752-9000 (508) 752-0755 (fax) www.aaworcester.org Office Hours: Monday 10am-2pm Tuesday 10am-2pm Thursday 10am-2pm Friday 10am-2pm Saturday 9am-2pm Sunday CLOSED

<u>The Beacon Staff</u>: January 2010 to December 2010

Editor: Michelle G.

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## H.A.L.T.LINE NEWS

Thank you to all the new H.A.L.T. line Volunteers! We still have hours available that need to be covered on the H.A.L.T. line. WE NEED YOUR HELP!!! What is the HALT line? One alcoholic talking to another alcoholic. Isn't that what AA is all about?

"Talk to a drunk", you may be the link in the chain that could save their life.

#### What volunteers do:

- Give out current meeting list information.
- Talk and/or listen to a sober alcoholic in danger of picking up a drink.
  - Talk to those seeking help with their drinking problem.

What do you need to volunteer? A phone

One year of sobriety is recommended. Meeting list A phone (touch tone or cell phone) An hour of your time.

Great way to do service without leaving your home.

If you would like information please email <u>haltline@aaworcester.org</u> or call Ferne at (508) 847 - 3802. Will train the right candidate - great pay - HUGE REWARDS! From time to time the HALT Line will be rewarding volunteers for their time and dedication by awarding someone with a subscription to the GRAPEVINE.

#### Local Service Meetings

**Intergroup Steering Committee\*** - Veterans, Inc., 59 South St. Shrewsbury, MA —6:00pm

**Intergroup Delegates\*** - Veterans, Inc., 59 South St. Shrewsbury, MA —7:00pm

\*The Intergroup meetings occur the second Tuesday of month.

Joint Public Information Committee— Worcester Area Intergroup Office 100 Grove St. Suite 314—4th Monday of each month—7:00pm



#### On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklists

#### www.aagrapevine.org

#### **Traditions Checklist**

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through October 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

**STEP NINE:** Made direct amends to such people wherever possible, except when to do so would injure them or others.

### TRADITION NINE:

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

# TRADITIONS CHECKLIST:

- **TRADITION NINE:** A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- Do I still try to boss things in AA?
- Do I resist formal aspects of AA because I fear them as authoritative?
- Am I mature enough to understand and use all elements of the AA program-even if no one makes me do so-with a sense of personal responsibility?
- Do I exercise patience and humility in any AA job I take?
- Am I aware of all those to whom I am responsible in any AA job?
- Why doesn't every AA group need a constitution and bylaws?
- Have I learned to step out of an AA job gracefully-and profit thereby-when the time comes?
- What has rotation to do with anonymity? With humility?

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# Are you willing to CARRY THE MESSAGE to an alcoholic in need?

Are you willing to help an alcoholic in need? The intergroup delegates are working to devise an updated list of people willing to volunteer for "12 Step calls". This information will be kept CONFIDENTIAL and only be used by the HALT line chair and other appropriate individuals. Please complete the "12 Step Volunteer Application" on page 6 and return to your groups Intergroup representative or drop of at the Intergroup office. You may also mail the completed application to: Worcester Area Intergroup 100 Grove St, Suite 314 Worcester, MA 01605

#### WILLINGNESS TO GROW

If more gifts are to be received, our awakening has to go on. As Bill Sees It, p. 8. Sobriety fills the painful "hole in the soul" that my alcoholism created. Often I feel so physically well that I believe my work is done. However, joy is not just the absence of pain; it is the gift of continued spiritual awakening. Joy comes from ongoing and active study, as well as application of the principles of recovery in my everyday life, and from sharing that experience with others. My Higher Power presents many opportunities for deeper spiritual awakening. I need only to bring into my recovery the willingness to grow. Today I am ready to grow.

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#### ACCEPTANCE

We admitted we couldn't lick alcohol with our own remaining resources, and so we accepted the further fact that dependence upon a Higher Power (in only our A.A. group) could do this hitherto impossible job. The moment we were able to accept these facts fully, our release from the alcohol compulsion has begun. As Bill Sees It, p. 109.

Freedom came to me only with my acceptance that I could turn my will and my life over to the care of my Higher Power, whom I call God. Serenity seeped into the chaos of my life when I accepted that what I was going through was life, and that God would help me through my difficulties—and much more, as well. Since then He has helped me through all of my difficulties! When I accept situations as they are, not as I wish them to be, then I can begin to grow and

have serenity and peace of mind.

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#### VIGILANCE

We have seen the truth demonstrated again and again: "Once an alcoholic, always an alcoholic." Commencing to drink after a period of sobriety, we are in a short time as bad as ever. If we are planning to stop drinking, there must be no reservation of any kind, nor any lurking notion that someday we will be immune to alcohol. Alcoholics ANONYMOUS, p. 33

Today I am alcoholic. Tomorrow will be no different. My alcoholism lives within me now and forever. I must never forget what I am. Alcohol will surely kill me if I fail to recognize and acknowledge my disease on a daily basis. I am no playing a game in which a loss is a temporary setback. I am dealing with my disease, for which there is no cure, only daily acceptance and vigi-

lance.

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#### EXACTLY ALIKE

Frequent contact with newcomers and with each other is the bright spot in our lives. ALCOHOLICS ANONYMOUS, p. 89

A man came to the meeting drunk, interrupted the speakers, stood up and took his shirt off, staggered loudly back and forth for coffee, demanded to talk and eventually called the group's secretary an unquotable name and walked out. I was glad he was there—once again I saw what I had been like. But I also saw what I still am, and what I still could be. I don't have to be drunk

to want to be the exception and the center of attention. I have often felt abused and responded abusively when I was simply being treated as a garden variety human being. The more the man tried to insist he was different, the more I realized that he and I were exactly alike. Copyright © Daily Reflections, p.281

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#### The 47th ANNUAL MASSACHUSETTS STATE AA CONVENTION!! November 12, 13 & 14 Registration fee: \$15.00

Sheraton Framingham Hotel

(800) 325-3535 (508) 879-7200

Room rates per night (before taxes): \$125.00 Single/double; \$135.00 Triple/Quad (The deadline for these rates is November 7, 2010. Ask for the MA State Convention Room Block when making reservations.)

Come along for a weekend of Fellowship. Meetings! Dances! Speakers! And more meetings! Mailing address for checks/money orders: Registration, 47th MA State Convention P.O. Box 361 Weymouth, MA 02188

The flier may be downloaded/printed from: http://www.aaworcester.org/ Flyers/2010mast\_reg.pdf

#### THE GRAPEVINE: AA's meeting in print IS IN TROUBLE! PLEASE HELP BY PURCHASING A SUBSCRIPTION!

The AA Grapevine is the international journal of Alcoholics Anonymous. Written, edited, illustrated and read by AA members and others interested in the AA program of recovery from alcoholism, the Grapevine is a lifeline linking one alcoholic to another. The AA Grapevine communicates the experience strength and hope of its contributors and reflects a broad geographic spectrum of current AA experience with recovery, unity and service. ©GRAPEVINE

7 Issues = \$17

1 year (12 Issues) = \$27

You may order the Grapevine in one of three ways

 Call 1 (800) 631-6025
Online at: <u>http://www.aagrapevine.org/catalog/shop</u> <u>gvsuborder.php</u>
Mail completed subscription form (see below) with payment to: GRAPEVINE; PO Box 422488; Palm Coast, FL 32142-6997

# Intergroup Officers & Committee Chairpersons

Position	Name	email address
Chairperson	Billy B.	chair@aaworcester.org
Alt. Chair	Maura R.	-
Secretary	Marc B.	secretary@aaworcester.org
Treasurer	Dot B.	treasurer@aaworcester.org
Alt. Treasurer	Ginny S.	-
Trustees	Bob L., Joe N.,	
	Michelle N., Bob D.	
Office Manager	John H.	steps@aaworcester.org
Joint Treatment Facilities	Rich D.	treatment@aaworcester.org
Joint Correctional Facilities	Joe N.	corrections@aaworcester.org
Halt Line	Ferne S.	haltline@aaworcester.org
Social Committee	Maura R.	social@aaworcester.org
Joint Public Information	Hermis Y. (Junior)	pichair@aaworcester.org
Webmaster	John H.	webmaster@aaworcester.org
Joint Alcathon Committee	Michelle N.	5
Beacon Editor	Michelle G.	beacon@aaworcester.org
Liaison to District 25	Jane P.	2
Liaison to District 26	Richard M.	
Liaison to Area 30	Richard M.	

#### FROM THE OFFICE MANAGER

Worcester Area Intergroup (WAI) accepts information regarding AA related events to be included in the website calendar. Let us know if you have an event you would like publicized. Please email information to the Office Manager at:

webmaster@aaworcester.org

#### MEETING NEWS

MEETING CHANGES/MOVES: The FOUR CORNERS group now meets on Wednesday night from 8:00 -9:00 P.M., with all AA business conducted after the meeting. (The day was published incorrectly in last issue. Four Corners continues to meet on Wednesday however at the new time.) The Wednesday night Big Book meeting at the ARC in Marlboro (33 Main St.) no longer exists. It has officially closed!! NEW MEETINGS: Fridays in Hopedale: Friday Night Lights, ODNS, Sacred Heart Church, 187 Hopedale St., Hopedale, 8:00-9:00 P.M. Tuesday night in Northboro: Desire to Stop Drinking—open, 12 step, beginner meeting. 6-7 PM at 45 Howard Street. Saturday morning in Harvard: Happy, Joyous and Free—Open discussion. 9-10 a.m. at St. Teresa's 15 Still River Rd. MEETING SPACE AVAILABLE: Meeting space is now available for AA meetings at Veterans Inc., 59 South St., Shrewsbury, MA. For more information please contact: Susan Boucher at 508-791-1213, x132.

	Subscription   Form     Please fill out form, enclose your payment, and mail to   The Beacon     100 Grove Street Suite 314   Worcester Mass. 01605     NAME	
	Worcester Area Intergroup is a non-profit organization, dependent on members' con- tributions. Please make checks payable to Worcester Area Intergroup.	
12 Step Volunteer Application		
Name (First name and last initial):		
Telephone Number:		
Towns you will accept calls from:		
Hours that you are available:		
I wish to help: <u>Males Only</u> <u>Females Only</u> <u>Both</u>		
Ages I am willing to work with: <u>Teens</u> <u>20 to 30</u> <u>30 to 40</u> <u>40 to 50</u> <u>50 to 60</u> <u>Over 60</u>		
Other (Please specify)		
MAIL TO:Worcester Area IntergroupI am willing to: (please circle all that apply)100 Grove St., Suite 314Talk to a person on the phoneGo to a persons home to talk *Worcester, MA 01605		
<u>Give rides to AA Meetings</u> <u>Give rides to Detox *</u>		
Meet someone at a meeting Other (please specify)		
*It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having an- other A.A. member with you. If you circled either of these items, please be sure that you have an- other member of A.A. that is willing to go along with you.		