



Happy February!

Whether we love it or hate it – inclement weather season is here!! If you are planning to come to the Office on a snow storm day, please call first to be sure we are open. It will be posted on our Facebook page and called in to WTAG.

Worcester Area Intergroup still has openings for Alternate Secretary, Alternate Treasurer, and Correctional Facilities Chair. Please contact me if you have questions about any of these positions.

Does YOUR Group have an Intergroup Delegate?

Cold and Flu season is here (along with Covid and RSV). If you have any symptoms, please wear a mask when you come in to help protect our employees and their families.

Please remember that YOUR contributions are what keeps the office open and staffed!!

**Brandy H.
Office Manager**



Always listen to the voice of your conscience. If your conscience conflicts with your faith, question everything.

Suzy Kassem



Listen to Grapevine's New Weekly PODCAST!

AA Grapevine's half-hour variety podcast features...

- powerful interviews with AA members on getting sober, meetings, service, Steps, sponsorship and more!
- current information about AA and AA Grapevine
- jokes, fun AA banter and surprise guests!

Each week, longtime AA members Don and Sam will interview sober alcoholics, writers of current Grapevine stories, general service reps and more about their experience, strength and hope in a casual "meeting after the meeting" manner. A new episode will be available in English each Monday at 9:00 a.m. EST.

To listen to new or past episodes, visit: www.aagrapevine.org/podcast (or wherever you get your podcasts)

Follow us on Instagram!
[@alcoholicsanonymous_gv](https://www.instagram.com/alcoholicsanonymous_gv)

- See the new magazine issues on release
- Learn about new and existing Grapevine books
- See clips from our YouTube Channel
- Get inspiration from our cofounders and more!

To order this item or any other product from our collection, visit us at www.aagrapevine.org and click on store or call (800) 631-6025 US/Canada (847) 559-7237 International or fax us at (847) 564-9453.

FALL OFFICE HOURS

Mondays 10-2pm

Tuesdays 10-8pm

Wednesdays 10-8pm

Thursdays 10-2pm

Fridays 10-2pm

Saturdays 9-2pm

Sundays CLOSED



Don't Eat Yourself Into a Slip



I didn't just drink a lot of alcohol over the years. I ate a lot of it, too.

One of the many hard truths I had to face when I got sober was that alcohol does not disappear from your food when you cook it. No more chicken marsala. No boeuf bourguignon. No rum balls.

According to the U.S. Department of Agriculture (USDA), dishes containing alcohol that are baked or simmered will retain 40% of the original amount after 15 minutes of cooking, 35% after 30 minutes and 25% after an hour. It never all goes away. Cook it for 2.5 hours you'll still have 5% of the alcohol content.

And what makes Grand Marnier sauce taste so heady? According to a presentation by Janet Roloff at the annual meeting of the American Dietetic Association: "Some 85% of the alcohol in its liqueur survives blending with a boiling mixture of sugar, cornstarch and orange juice."

As Harold McGee, author of *On Food and Cooking: The Science and Lore of the Kitchen*, put it: "it's impossible to cook out all of the alcohol [in a dish]."

This meant experimenting and rewriting several family recipes. For example, we make spaghetti sauce from scratch, and now we make it without wine. It tastes fine.

Non-alcoholic beers and wines still contain some alcohol, however, usually no more than 0.5% ABV (alcohol by volume). The average glass of wine contains about 12% ABV but can range from 5.5 to 20 percent. Some wines, however, claim to be totally alcohol free. Beer averages about 5% ABV, light beer 4.5%. Most whiskeys range from 35-40% ABV.

Some AAs cook with non-alcoholic beer. I was sober more than 10 years before I was willing to try it, and while I will "eat" non-alcoholic beer I won't drink it.

I have seen too many once-sober alcoholics go out after figuring that an O'Doul's wouldn't get them drunk. It didn't, but it did reboot the craving that started them guzzling the stuff that will. And as a side note, even non-alcoholic beer – and non-alcoholic wine — can register on a breathalyzer or other sobriety test.

Some sober people cook with non-alcoholic wine. I don't. Red grape juice and beef broth are both good substitutes for red wine, as is just plain water. You can use chicken or vegetable broth as a substitute for white wine. You can also substitute various fruit juices, colas, or red or white vinegar. How much of each to use depends on your recipe and your tastebuds.

But while I do not cook with non-alcoholic wine, cooking with non-alcoholic beer is OK. I used to boil my bratwursts in beer before putting them on the grill. Now I boil them in non-alcoholic beer before they hit the BBQ.

And if you are looking for more advice as well as some new recipes, go online and search for "cooking without alcohol."

Bon et sobre appétit!





Working the Steps Without God:

MY KEY TO STEP 3

Step 1 showed me I was powerless over alcohol. Step 2 let me know I can't stay sober alone. Step 3 is all about willingness and having an open mind. In the 12 & 12 we read that "the effectiveness of the whole AA program will rest upon how well and earnestly" I try to turn my will and my life over to the care of God as I understand him. All I have to do is "place the key of willingness in the lock" and open the door.

I find this to be sanctimonious and undermining, implying that without God and willingness, I can't get sober.

The key message I get from Step 3 is that I need to be ready and inclined to do some work through Alcoholics Anonymous.

I am willing to take what I have learned about my alcoholism and use the principles of my program to be a better me without God, religion, or a higher power. I'm driving the process and the rewards will be primarily a result of my efforts. This does not mean I am playing God. I have faith, confidence, and trust in myself to act upon suggestions from others who came before me and who are committed to living a sober lifestyle. I sponsor women, helping them through the steps regardless of their beliefs.



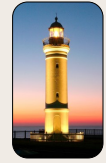
Bill W. encouraged those with a godless approach to 12-Step recovery to seek information from literature outside of AA publications, and that's what I have done. Many people are sober today without God.

There are many things that were unknown 80 years ago that are being utilized today to facilitate changing patterns of addiction into patterns of recovery. I rely on principles of psychology and physical health to help me in my recovery. Science, not a divine intervention, gives me the answers I seek.

Sobriety has nothing to do with a belief or lack of belief in a deity. It has to do with choices.

A few things that also work for me are self-direction, committing to a lifestyle of recovery focusing only on what I can control, making healthy choices, carrying the message to others, service work, and meetings every day. I changed the way I think, act, and talk. Although I have achieved those goals through hard work and dedication, I am not finished or perfect. There will always be room for more knowledge and improvement. Recovery isn't a destination; it is a lifetime journey.

— **Tracy H.**



Tradition Two:

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

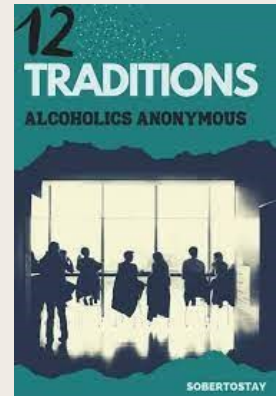
The 12 Steps are how individual alcoholics get and stay sober.

The 12 Traditions are how individual AA groups, as well as intergroups, districts, areas, and other AA bodies all around the world continue to function and work together to carry the message.

In continuing the series that Bill W wrote for the AA Grapevine that ran from November 1969 through September 1971, we will look at Tradition Two.

While the checklists were originally intended primarily for individual use, many AA groups now use the traditions as a basis for a group inventory and wider discussion.

Bill wrote both the 12 Steps and the 12 Traditions and considered them both important.



Tradition Two Checklist:

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? New-comers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?



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“Conscience is the light by which we interpret the will of God in our own lives.”

— **Thomas Merton**

“For our group purpose there is but one ultimate authority – a loving God as he may express Himself in our group conscience.”

— **Tradition Two**, long form

A clear conscience is the sure sign of a bad memory

Mark Twain

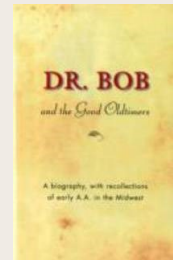
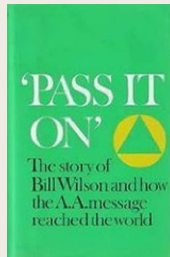
“Conscience is the inner voice that warns us somebody may be looking.”

— **H.L. Mencken**



AA History:

There's Lots More to Read Than Just the Big Book



Once you've been in AA a while you might wonder how it all began. Much of our history is in Dr. Bob and the Good Oldtimers, Pass It On, and other books, pamphlets and web pages published by the AA General Service Office in New York, The AA Grapevine, and is also available at aa.org, aa.org/gso-archives, or at the Worcester Intergroup at aaworcester.org.

Now some AAs insist that only "conference approved" literature may be used at meetings. Some even say you should limit your reading to "conference approved" books. But all "conference approved" means is "conference published."

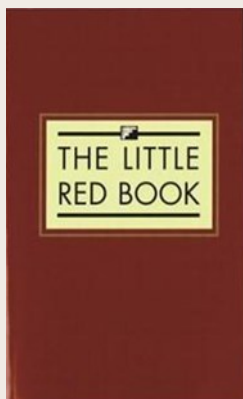
As we will see, numerous non-AA-published books are used at many meetings.

There are also other good books about AA and sobriety, including numerous websites, such as silkworth.net, aahistory.net, and aahistorysymposium.org. Even AA's own official website has links to non-AA web pages, and explains it this way:

"This website provides links to other websites, including websites affiliated with other organizations. Linking to any other website... does not constitute the endorsement, sponsorship, or approval of such other website..."

So why might you want to go outside AA to learn more about AA history? If you want to know about an area you are thinking about moving into, you try to talk to the people who have lived there, those living there now, and those who live nearby.

Let's look at two books, one that gives you a sense of what AA was like back in the early days, and one that talks about how it all began. Both books are available from numerous non-AA sources.



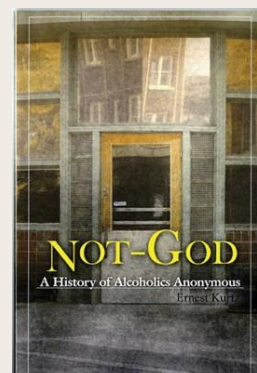
The Little Red Book: The Original 1946 Edition. This is the original study guide to the Big Book, filled with practical information to help get through those early days of sober living. As one review explains:

"In 1942, Ed W. began teaching the 'Twelve Step Study' classes that helped the Minneapolis Group achieve their 75% recovery rate. Then in 1946, he and Barry C. (The first sober A.A. in the state) published the lectures used for these classes as a book. Initially titled *The Twelve Steps*, it was affectionately nicknamed 'The Little Red Book.'

"Back in print (in 2013) for the first time in more than 65 years, the original 1946 edition reveals firsthand how some of A.A.'s earliest members made the program their way of life."

Not God: A History of Alcoholics Anonymous. Written as a doctoral thesis by Ernest Kurtz, a sober alcoholic and former priest who'd been introduced to AA in a three-month treatment program for priests. One reviewer calls the 1979 book:

"The most complete history of A.A. ever written. Not God contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of A.A.'s early figures. A fascinating, fast-moving, and authoritative account of the discovery and development of the program and fellowship that we know today as Alcoholics Anonymous." *(Continued next page)*





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An obit written when Kurtz died in 2015 said:

“As an historian and researcher, Kurtz explored the social conditions and influences of the 1930s, Depression-era America in which AA was founded, and sought to place the institution and movement within that historic context.

“In addition, he explored the psychological and religious underpinnings of the group and emphasized that regardless of the individual’s religious or spiritual belief system (or lack thereof), it was crucial for the alcoholic/addict to realize he/she was ‘Not God.’”

Aside from **Dr. Bob and the Good Oldtimers**, there is **Children of the Healer: The story of Dr. Bob’s Kids, written by his children**, Sue and Bob Jr. Dr. Bob’s wife, Anne, wrote **Anne Smith’s Journal 1933-1939: A.A.’s Principles of Success**. There are also numerous historical articles about him on various web sites.

There are a number of biographies of Bill W, including **My Name Is Bill: Bill Wilson, His Life and the Creation of Alcoholics Anonymous** by Susan Cheever, **Bill W.: A Biography of Alcoholics Anonymous Cofounder Bill Wilson** by Francis Hartigan, and **Bill W: The absorbing and deeply moving life story of Bill Wilson, co-founder of Alcoholics Anonymous** by Robert Thomsen.

Another very good book about AA’s early years is **Grateful To Have Been There: My 42 Years With Bill And Lois, and the Evolution of Alcoholics Anonymous** by Nell Wing, Bill’s secretary and the first AA archivist.

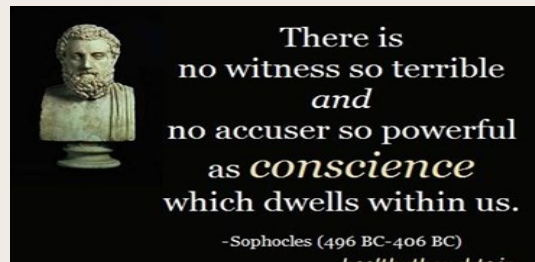
You don’t have to know AA history to get sober or stay sober, but I find that the more I know about AA the more amazed and grateful I am for the two drunks in Akron, Ohio, who created an organization that can be found today in approximately 180 nations worldwide, and with a membership that aa.org estimates at over two million. There are more than 123,000 A.A. groups around the world and A.A.’s literature has been translated into over 100 languages.



There’s a lot more to know about AA, about the organization that is saving your life, and the lives of other sober drunks. You just might find it worth knowing.



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“When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Were we thinking of ourselves most of the time? Or were we thinking of what we could do for others, of what we could pack into the stream of life? But we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God’s forgiveness and inquire what corrective measures should be taken.”

— **Big Book p 86**



From **Box 4-5-9:**

News and Notes from the General Service Office of AA

The General Service Office is Reopened to Visitors

Visitors are welcome to the General Service Office Monday through Friday, from 9 a.m. to 3 p.m.

Tours are scheduled at 10 a.m., 11 a.m., and 2 p.m., and last about 45 minutes.

On Fridays, G.S.O. hosts an open A.A. meeting at 11 a.m.

There is also a guided tour offered after the meeting at 12:15 p.m.

Schedule Your Visit to G.S.O.

Please note that in accordance with building policy, all visitors must register in advance to gain access to the building. We strongly recommend that individuals contact us prior to their visit so that we can list them into the building's security system. In addition, groups of 10 or more must contact us ahead of time to schedule their visit so that we can best prepare for their time at the General Service Office.

For more information and to schedule your visit, email gsotours@aa.org or call 212-870-3430.



COVID-19 Policy

The health and safety of visitors and staff is our top priority. During the initial period of reopening, all visitors must wear a facial covering throughout their stay. We ask that individuals refrain from visiting if they have symptoms of COVID-19, have been diagnosed with COVID-19 within the past 14 days, or have been in close contact with someone infected with or experiencing symptoms of COVID-19 within the past 14 days.

We will continue to update this policy based on guidance from public health authorities.

Purchasing Literature

We understand that visitors may wish to purchase literature while at G.S.O. Unfortunately, under the terms of our lease agreement with the building that houses G.S.O. offices, we cannot sell merchandise or function as a bookstore. You may purchase literature from area Intergroups/ Central Offices or at our online bookstore, <https://onlineliterature.aa.org>.



Location Details

The General Service Office is located on 11th and 8th floors of a building called the Interchurch Center. The building's main entrance is at 61 Claremont Avenue between 119th and 120th Streets. If you are taking the subway, the nearest station is the 116th Street Station on the Number 1 train line.

Upcoming Holiday Building Closures

Please note the GSO office will be closed December 23, 26, and 30; January 16; and February 20.



Relating to Love, AA, and Yourself

When we join AA we are advised to avoid making major decisions during the first year of recovery. There is a good reason for this. It can take many months for the brain to heal completely, so it is highly recommended not to make big changes in early recovery. These changes include:

- Starting a new romance
- Getting divorced
- Moving to a new home
- Changing your career

But let's focus on forming new relationships, especially romantic ones. A new romance will end up taking more and more of your time and focus. Even harmonious relationships can generate a level of stress that can distract someone from their recovery. New relationships bring uncertainty. That can cause stress, too. A person in early recovery may not have the tools to manage them.

Dating can be a way to repurpose addictive behaviors by becoming consumed with a new person instead of a drug. Rejection by a romantic partner can be devastating, especially for someone who already may have mental health issues. Their symptoms may intensify.

During the first year of sobriety, you have a chance to work on developing a sense of identity and building self esteem. When you can finally love yourself, you can be open to loving another person in a healthy way. The life of an addict is one of self-involvement. In early sobriety one needs to build a new life. People new in recovery need time to develop new routines and find new direction.

Life is never stress free. But, we can avoid bringing more stress on ourselves than necessary. It is suggested we find a sponsor to guide us through the steps, but also as a sounding board. Remember, our own thoughts got us here. We need a clear head and good direction to learn how to live our new sober lives.

During the first year let your AA group love you until you can love yourself.
Get yourself some chocolates.

— Beth H.



Coming Soon:

The Jacketless Big Book

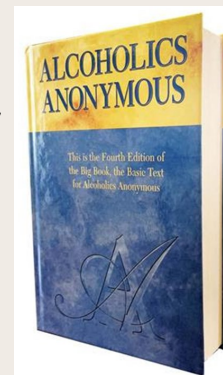
A “jacketless” Big Book, one without a paper dust cover, will be available later this year, the General Service Announced (GSO).

GSO adds that the information and graphics you normally find on a paper dustcover will be printed directly on the hard cover of the book. This is called “paper over board” printing, and eliminates “the considerable production time needed for sourcing materials and adding a separate paper jacket.”

The idea for the new design and printing stemmed from the supply chain delays and problems that started during the Covid epidemic, and are still a problem today. This is why orders for Big Book, 12 & 12, and other conference-published book have been delayed.

Since the Big Book is being printed almost constantly, this will reduce production time considerably, GSO said. The price if the new edition has not been announced.

A jacketless Twelve Steps and Twelve Traditions is also in the works.





Monthly Calendar

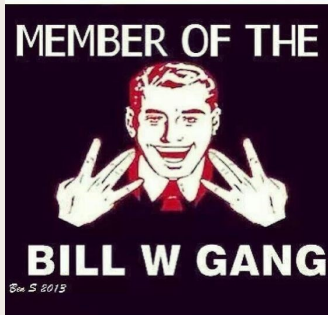
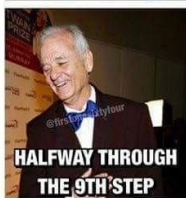
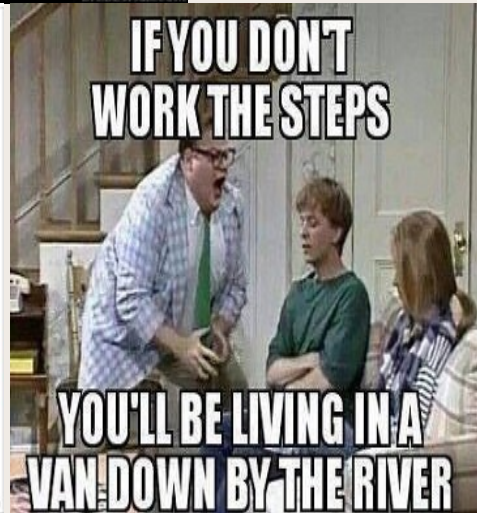
1 February 2023 - 28 February 2023

Feb 2	Thu	7:00 PM - 8:30 PM District 24 GSR Meeting	Still meeting via Zoom only? Normally held on the 1st Thursday at 7 pm at Trinity Church on Elm Street in Concord. Zoom link: us04web.zoom.us/j/9296006039?pwd=VUx2STJSdXRvZDFVS0pTY0tVW9SUT09
		7:00 PM - 8:30 PM District 26 GSR Meeting	Currently meeting in-person and on Zoom. Emmanuel Lutheran 1200 John Fitch Hwy Fitchburg MA Zoom Users for District 26: Meeting ID: 864 9984 2960 Password: 025337
Feb 7	Tue	7:30 PM - 8:30 PM District 25 GSR Meeting	Hybrid meeting (Zoom+in-person) Salem Covenant Church 215 Mountain St East Worcester MA Web link: zoom.us/j/311969752 Password: Sober2020 District 25 GSR meeting in-person & Zoom.
		7:00 PM - 9:00 PM Worcester Area Intergroup Delegates Meeting	In-Person: Salem Covenant Church 215 Mountain St E. Worcester [GoogleMap] Online Zoom Link: zoom.us/j/912007235 Passcode Sober2020 Dial in 1 646 558 8656 Conf# 912 007 235 # Passcode 025337 #
Feb 14	Tue	7:30 PM - 8:30 PM District 23 GSR Meeting	District 23 GSR meetings the 2nd Tuesday, 7:30 pm at Faith Community Church, 146 E. Main St in Hopkinton and on Zoom.
Feb 19	Sun	5:00 PM - 6:00 PM International Convention Q & A	Zoom meeting to answer questions & share details about the 2025 International Convention in Vancouver, with the GSO Western Canada Regional Trustee. See attached flyer for details.
Feb 24	Fri	12:00 PM - 12:00 PM NERAASA 2023	Northeast Regional AA Service Assembly hosted by Area 48 in Albany NY. See attached flyer for details or visit neraasa.org .
Feb 25	Sat	12:00 PM - 12:00 PM NERAASA 2023	Northeast Regional AA Service Assembly hosted by Area 48 in Albany NY. See attached flyer for details or visit neraasa.org .
Feb 26	Sun	12:00 PM - 12:00 PM NERAASA 2023	Northeast Regional AA Service Assembly hosted by Area 48 in Albany NY. See attached flyer for details or visit neraasa.org .

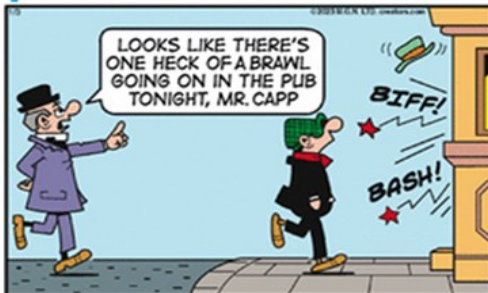
We are not a Glum Lot

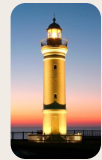


ALCOHOL
The cause of and solution to all of life's problems.



pp by Reg Smythe





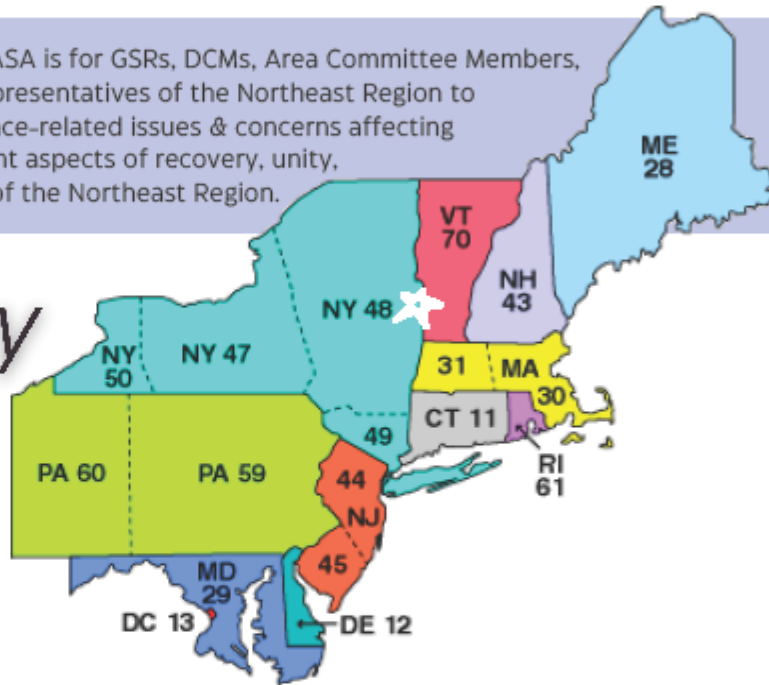
2023 NERAASA

Northeast Regional AA Service Assembly

PURPOSE The purpose of NERAASA is for GSRs, DCMs, Area Committee Members, & Intergroup / Central Office Representatives of the Northeast Region to discuss General Service Conference-related issues & concerns affecting AA as a whole, as well as pertinent aspects of recovery, unity, & service common to the Areas of the Northeast Region.

*February
23-26*

Hosted by
NENY Area 48
Albany, NY



Hotel Rooms: \$139/night + tax (use code **NER** for group rate). Book rooms directly through The Desmond Hotel / Crowne Plaza @ **518-869-8100** or visit www.neraasa.org/register to register & book a room →



Just 5.5 miles from Albany Rural Cemetery, burial place of Ebby Thatcher, and 64 miles from the Wilson House, East Dorset, Vermont!

Questions? info@neraasa.org | **Information:** neraasa.org

What's going on upcoming events



District 21 Gratefully Hosts

Sunday, March 27, 2023

<https://aaemass.org>

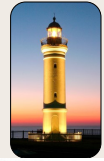
9:15 AM Orientation

10:00 AM Call to Order

4:00 PM Adjourn

Breakfast & Lunch Provided

Lowell Catholic High School, 530 Stevens Street,
Lowell, MA



MEMORIES OF ALCOHOL

"I drank for happiness and became unhappy. I drank for joy and became miserable. I drank for sociability and became argumentative. I drank for sophistication and became obnoxious. I drank for friendship and made



enemies. I drank for sleep and woke up tired. I drank for strength and felt weak. I drank for relaxation and got the shakes. I drank

for courage and became afraid. I drank for confidence and became doubtful. I drank to make conversation easier and slurred my speech. I drank to feel heavenly and ended up feeling like hell." - Author Unknown

I AM RESPONSIBLE

"When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

And for that, I am responsible."

3rd Annual FRIENDS OF BILL

MENS AA CAMPING TRIP!
hosted by FOB Tuesday night mens meeting

JUNE 8TH - 11TH
@emerald lake state park.
Dorset, VT



This is a fellowship event which includes outdoor AA meetings, A Wilson house meeting and a visit to Bill W's grave.

for more information & how to book a camp site please email:

FOBmensAAcamping@gmail.com



What's going on in District 26



Comedy Night and Dinner

Sponsored by District 26 Activities Committee

Saturday, March 11th, 2023

At the Leominster

Elks Lodge

134 N Main St, Leominster, MA 01453

Doors open at 5:00PM

No Early Seating, No Exceptions!

Absolutely NO Reserving Tables or Seats

Seats are first come first choice!!

COFFEE: 6:00 pm / **DINNER:** 6:30 pm

Amateur Joke Contest: 7:30 pm

COMEDIANS: 8:00 – 9:30 PM

(Adult Comedy, No Children under 18)

50/50 Raffle, Prizes and Raffle baskets

Ticket Price: \$15.00

More information:

Tim B. 978-407-3148 or Larry B. 978-350-6455



Visit our website at www.aadistrict26.org

Alcohol—The Great Remover

Alcohol is a product of amazing versatility.

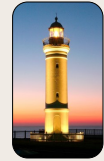
It will remove stains from designer clothes and will also remove the clothes from your back.

If by chance it is used in sufficient quantities, alcohol will remove furniture from the home, rugs from the floor, food from the table, lining from the stomach, vision from the eyes, judgment from the mind.

THOUGHT TO CONSIDER

I didn't know how sick I was until I started getting better.

Group Contributions to WAI for 2022



Worcester Area Intergroup Group Contributions 2022			
Group Name	Total 2022		
		Paxton (both groups)	500.00
Ashburnham Naukeag	804.00	Princeton 12 Step	80.00
Athol Back To Basics	102.00	Putnam Ct Unity	200.00
Auburn Group	100.00	Rochdale Big Book	100.00
Auburn Grapevine Group	187.00	Rochdale Recovery	65.00
Barre Captain's Clubhouse	431.65	Shrewsbury BB Workshop	141.00
Barre Women's Wisdom In Recovery	50.00	Shrewsbury Eternal Vigilance	4,167.50
Berlin Candlelight	150.00	Shrewsbury Simple Steps	263.00
Boylston As Bill Sees It	75.00	South Grafton Step	270.00
Charlton Courage To Change	225.50	Southboro We Believe	50.00
Charlton Daybreaker	3,816.39	Southbridge Friday Night Flick	190.00
Charlton Life Second to None	570.35	Southbridge Noon Recovery Group	525.00
Clinton Central Park Women's	164.30	Southbridge Original	197.57
Clinton Shamrock	317.00	Stow Sunday Morning	47.60
District 26	500.00	Sturbridge Key To Freedom	20.00
Douglas Maintenance & Repair	300.00	Sturbridge Lighthouse 12x12	119.00
Douglas Monday BB	176.15	Sturbridge Women's Destiny	20.00
Douglas Never Back Down	150.00	Transgender In Sobriety	50.00
Douglas Tuesday Night Step	100.00	Upton Spirit	700.00
East Brookfield Check Up From The Neck	50.00	Uxbridge Another Day Another Way	152.50
East Brookfield Friday Night Big Book	100.00	Warren New Beginnings	150.00
East Brookfield Noon	500.00	Webster Early Risers	759.50
Fitchburg Newman	150.00	Webster Serenity Hall	25.00
Gardner Saturday Night	100.00	Webster Triton	678.00
Grafton Common Bond	235.00	West Boylston Choices	200.00
Grafton Easy Does It	417.75	Westboro Easy Does It	130.00
Grafton Happy Joyous And Free	231.00	Westboro Get Well Slowly Step	176.00
Grafton Reflections Group	767.05	Whitinsville Sunday Night	84.86
Gratitude Gang	30.00	Worcester AA Beginners Q&A	25.00
Harvard Catacombs III	175.00	Worcester Acceptance & Attitudes	225.00
Harvard Happy Joyous and Free	290.00	Worcester BB 164	50.50
Holden Open Air	1,177.15	Worcester BBSS	100.00
Holden Step Sisters	18.00	Worcester Beginners Intro to AA	50.00
Holden Tuesday	100.00	Worcester Come As You Are	1,060.00
Hopkinton Enough Is Enough	20.00	Worcester Crozier	230.00
Hudson Early Risers	300.00	Worcester Daily Choice	3,450.00
Hudson Second Chance	600.00	Worcester Four Corners	50.00
Hudson Womens BB Workshop	75.00	Worcester Friday Night 12 Step	100.00
Leicester Road to Recovery	83.83	Worcester Green Hill Park Noontime	573.27
Leominster Eye Opener	250.00	Worcester Greendale	300.00
Leominster Original	350.00	Worcester Hadwen Happy Hour	583.00
Living Sober (online)	690.00	Worcester Hi-Noon	350.00
Milford Eye Opener	235.00	Worcester It All Starts Here	250.00
Millbury Center Step	225.00	Worcester It's About Time	100.00
Millbury Spin to Win	150.00	Worcester Joy Of Living	100.00
Millbury Traditions	50.05	Worcester Main South Sobriety	300.00
North Brookfield Sunset	275.00	Worcester Mid-Day	1,220.00
North Oxford Primary Purpose	436.50	Worcester Quinsigamond	300.00
Northboro Friday Big Book	115.00	Worcester Serenity	330.00
Northboro Mid-Morning	50.00	Worcester Stronger Together	20.00
Northboro Women of Courage and Dignity	15.00	Worcester The Way Out	250.00
Northbridge G.O.Y.A.	652.50	Worcester Walking Together	4.65
Oxford Step Group	75.00	Worcester Washburn	5.50
		Worcester Way of Sobriety	1,305.79
		Worcester Wednesday BBSS	600.50
		Worcester Women's Gratitude	60.00
		Total Group Contributions	\$39,262.91

Worcester Area Intergroup

100 Grove St. Suite 314
Worcester, MA 01605
Aaworcester.org
508.752.9000



Worcester Area Intergroup

Office hours:

Monday 10-2 pm

Tuesday 10-8 pm

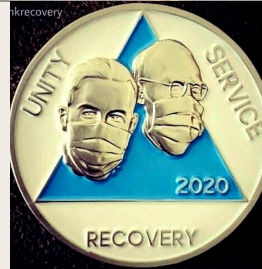
Wednesday 10-8 pm

Thursday 10-2 pm

Friday 10-2 pm

Saturday 9-2 pm

Sunday Closed



Fill out and mail to Worcester Area Intergroup, Suite 314, 100 Grove St, Worcester, MA 01605. For a printed copy, please enclose \$25.00.00 payment for a one year subscription

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