

THE BEACON

The light at the end of the tunnel

Worcester Area Intergroup . 100 Grove Street . Suite 314 . Worcester, MA 01605



**Intergroup
Needs money
Page 3**



In This Issue



Office Manager's Report	2
Dips Into Prudent Reserve: Low 7th Tradition Puts Intergroup In Hole	3
How Much \$1 Used to Get You 4	
Tradition Six Checklist	5
Amending Myself	6
To Amend	7
To Thine Own Self Be True	8
The Plain Truth	9
A Living Amends	10
We Are Not a Glum Lot	13
WAI monthly Calendar	14
What's going on	15
7th Tradition, WAI Officera	16
Office Hours and Subscription Info	17

Amend (change something)

Making amends is so important it is mentioned in two steps and referred to in a third.

Step 8: Made a list of all persons we had harmed, and became willing to make amends to them all.

Step 9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.

When I first read the word amends I thought all I had to do was apologize. Luckily, I was an expert at telling people how sorry I was for what I had done/not done/not done properly (pick one) that left them so hurt/angry/upset/disappointed (pick one).

I was so good at promising that I would never do _____ (fill in blank) again that I believed it myself... until I took the next drink.

But as I have learned over the years, the first clue that an alcoholic might be lying is that their lips are moving. Mine moved a lot, still do at times.

There is a lot more to it than apology, even one teamed up with tears, flowers, a box of chocolate, jewelry or another gift.

The thesaurus tells us amend means to enhance, modify, rectify, revise, ameliorate. According to Merriam-Webster, to amend is to **“to change or modify (something) for the better.”** That *something* was me. Still is.

So this month we'll see what others have to say about the subject.

— TCS



SUMMER OFFICE HOURS

Mondays	10-2 pm
Tuesdays	10-3 pm
Wednesdays	10-8 pm
Thursdays	10-2 pm
Fridays	CLOSED
Saturdays	9-2 pm
Sundays	CLOSED



Happy June,

Worcester Area Intergroup still has openings for Alternate Secretary, Alternate Treasurer, and Correctional Facilities Chair. Please contact me if you have questions about any of these positions. They are important in carrying the message.

Does YOUR Group have an Intergroup Delegate? Every group should be represented.

The new Meeting List is in!! PLEASE go through it and let us know of any changes, corrections, or groups no longer meeting.

Please remember that YOUR contributions are what keep the office open and staffed!!

Someone asked...

Q: How much does WAI spend on purchasing products to sell?

A: It depends on how fast items sell and varies from month to month.

January we spent \$3,853.15, February \$1,031.42, March \$3,091.52, and April \$2,388.97. Our largest purchases have been for books and pamphlets from A.A. World Services and The Grapevine, and chips and medallions from and Recovery Mint.

NOTE: We are on Summer Hours. See the box on the left to learn what they are.

Have a safe and sober summer.

**Brandy H.
Office Manager**

Tell Us Your Story... Please!

Sharing your story is a great way to carry the message and help the next sick and suffering alcoholic.

You can share your experience, strength and hope about any recovery-related subject, or focus on the topic of the month.

July's topic will be pain: physical, spiritual, emotions, mental... or all of the above.

The Beacon's deadline is the 24th of every month. Email your submission to beacon@aaworcester.org.

We look forward to hearing from you.

— The Editors

The Beacon, published monthly by Worcester Area Intergroup, 100 Grove St., #314, Worcester, MA, 01605. (508) 752-9000 Beacon@aaworcester.org

Back issues at aaworcester.org/E-Beacon/ebeaconnew.htm

Editors: The Cyber Sot & The Digital Drunk



Dips Into Prudent Reserve:

Low 7th Tradition Giving Puts Intergroup in the Hole

For the first time in more than a decade, Worcester Intergroup has had to dip into its prudent reserve to keep the lights on and make sure the phones get answered, office manager Brandy H. said.

“Meeting contributions are down, and so are book sales,” she added.

Intergroup runs the AA office for the Worcester area, sells books, pamphlets, and chips; organizes, maintains, and prints meeting schedules and events; maintains the web page (aaworcester.org), pays the licensing fees for Zoom meetings and for printing The Beacon, and makes sure there is someone to answer the phones.

If Intergroup shuts down, we would have to do everything through Boston, including buying books.

Intergroup tries to maintain \$15,000 as a prudent reserve, enough to keep the office and its many services operating for three months in case of a disaster.

Intergroup Treasurer Katie M. said that the prudent reserve is now nearly \$1,000 down, adding that there is enough money in the current cash account to repay it. “But we’d have to turn around and take it back out again next month,” maybe even more.



Meetings are just not contributing that much. Some meetings – both face-to-face and Zoom – do not contribute anything at all.

Intergroup spends more than \$200 a month on Zoom licensing fees to keep the digital meetings running.

Katie said that she knows of one meeting that built up \$800 in their prudent reserve before they decided that they should pass it on to Intergroup, General Service Office, and the other entities.

Although there is no hard and fast rule about how big a prudent reserve should be, three months is what many established meetings maintain.

Katie said that the finance committee is considering holding fundraisers for Intergroup. Brandy said they used to have an annual Intergroup breakfast years ago, but attendance dropped off to the point that it cost more than it made.

There has also been some confusion and misinformation about when money can and cannot be collected. No one collected a 7th Tradition at the Thanksgiving Alcathon last year “because some people thought we weren’t allowed to do it.” Katie said. “I don’t know where that idea came from.

“We set up a special collection box for the Christmas and New Years Alcathon meetings and collected more than \$800.”

Aside from low and, in some cases, non-existent meeting contributions, the other major problem is book sales.





Brandy said Intergroup's three best-selling books are the Big Book, the 12-and-12, and Living Sober. She added that because of covid-related supply chain problems that are still causing production delays. "We can't get Living Sober right now. It's the same for a lot of our large-print books, other titles, and some of the pamphlets."

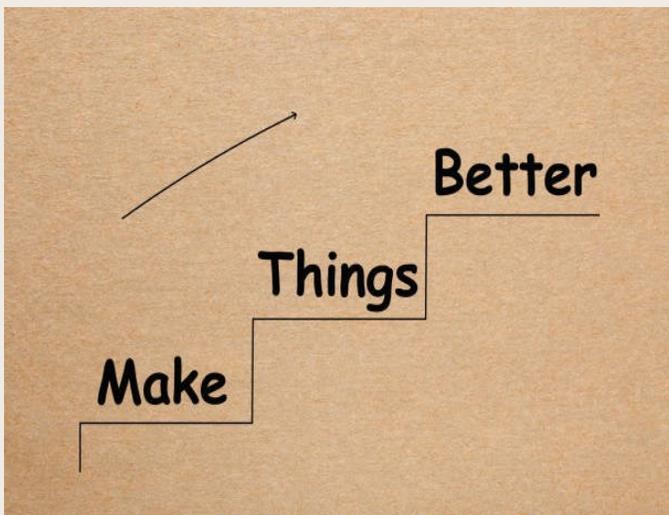
Some meetings are taking more direct action. Greenhill Noontime, for example, will give Intergroup an entire month's 7th tradition to help it get back on its feet and provide a bit of financial stability. Katie and Brandy hope more will do the same.

They also hope that those meetings which do not donate anything to Intergroup start doing so. They also point out that one dollar doesn't buy as much as it used to.

A survey by U.S. News & World Report shows that American pay an average of \$2.70 for a cup of coffee." The average contribution when the 7th Tradition comes around? A lot, lot less.

— TCS

AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA



beacon@aaworcester.org

This VisualCapitalist.com chart shows what \$1 could buy over the years compared to 2014. In 2023, it buys even less.



June 2023

4



Tradition Six

(Short Form) An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

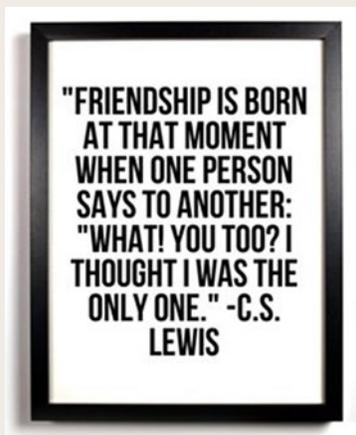
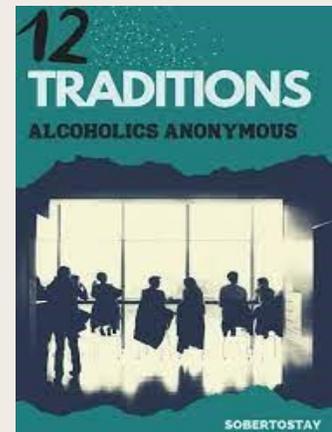
(Long Form) Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A. - and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

The 12 Steps are how individual alcoholics get and stay sober.

The 12 Traditions are how individual AA groups, as well as inter-groups, districts, areas, and other AA bodies all around the world continue to function and work together to carry the message.

In continuing the series that Bill W. wrote for the AA Grapevine that ran from November 1969 through September 1971, this month we are looking at Tradition Six.

While the checklists were originally intended primarily for individual use, many AA groups now use the traditions as a basis for a group inventory and wider discussion.



Possible questions for a business meeting

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?



Amending Myself

The only thing I really had to *amend* in order to stay sober and have a life worth living was me. Before I could do that, however, I had to get to know myself and figure out what needed to be amended: adjusted, changed, corrected, modified, revised, revamped, re... (you get the idea, Step 4.)

So, *who was* I when I walked into my first AA meeting?

Well, back then when anyone asked me *who* I was, I would tell them *what I was and what I did*. Then I would tell them who I did it for. Then I expected them to be as impressed by that as I was. I took an inordinate amount of pride in everything I had done and accomplished, who I had worked for, and in my ability to be so humble about it.

It was, of course, bogus. Yes, I did have successes and accomplishments, but at that point they were only memories. I had just been fired, and then turned down for another job. We had three kids. You could feel the tension in my house as soon as you walked through the door.

Money was tight.

I was tighter.



I was a drunk. I had reached Step Zero. Despair. This had to stop. But before my life could change, I had to change. That's where having a good sponsor, working the Steps, and having a relationship with God came in.

Like a lot of us, I stayed sober at first thanks to meetings and fellowship. Then I got a sponsor who taught me that if I wanted long-term sobriety and a better life, I would have to pray, work the steps, and then keep on praying and working the steps.

Working the steps made me take a serious look at who I really was, what I had become, and at what I would have to do to become who I wanted to be.

It was the look at who I really was that was the hardest.

I once heard an AA speaker talk about how he has his sponsees do their fourth step. He tells them to write the first draft on a 3-by-5 file card. If they had ever lied, they needed to write the word "Liar." If they had ever taken anything that wasn't theirs, they had to write the word "Thief." Had they ever cheated? "Cheat!" And so on.

Then he tells them to pull out a pad of paper – a large pad – and write down three or four examples of each... preferably the more entertaining ones.

I followed his directions and it showed me what behaviors I had to *amend*: tell the truth, even when it was uncomfortable or embarrassing; respect the property of others, including large corporations, or government agencies, even when "they wouldn't miss it," or "they owe me;" be fair in all my dealings and not take unfair advantage of people, even when I know I could get away with it. And so on.

Have I done all this perfectly? Of course not. I am human. I am an alcoholic. But I am doing much better. And as the Big Book says, it's all about progress, spiritual progress, not perfection.

But at least I now know who I am.

In order of importance, I am a child of God, a sober alcoholic, a husband, a father, a grandfather, a sponsor, a sponsee, a friend. And yes, I still work for a living, but my job is now a lot lower on the list.





To amend...

It's all about making changes



“Change is inevitable. Growth is optional.” - John Maxwell

"You never change your life until you step out of your comfort zone; change begins at the end of your comfort zone."

— Roy T. Bennett

“Change is painful, but nothing is as painful as staying stuck somewhere you don't belong.”

— Mandy Hale

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."

— Rumi



To Thine Own Self Be True

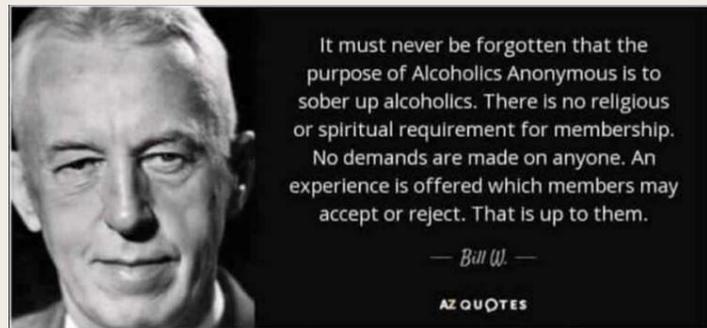
I was forced into AA to save my nursing license. I was angry, resentful, and hated everyone. I saw happy people laughing, joking, and talking about not drinking and apparently loving it. In a very short time I wanted what they had: to live life without alcohol and love it. There were a lot of prayers and talk of God. At the suggestion of the AA members, I mimicked everything they did, even praying. I didn't know who or what I was praying to. My experience with God was the nighttime prayers my mother made me say. All I could picture in my mind was the God of my childhood, an old man with a long white beard and white robes. I felt phony mouthing words I didn't believe. I did not believe in God or the higher power that was talked about but I kept going to meetings because I didn't want to drink.



At one meeting the reading was *We Agnostics* from the big book. I skimmed over the pages and saw the word atheist and thought "finally, a chapter for me." As I read this chapter, I realized it wasn't for me at all. There is no "We" as Bill wrote it. It was about Bill trying to convince the reader that all agnostics and atheists would come to believe in God, as he did, "if we have an open mind and are willing to believe." Bill wrote that "only a spiritual experience can conquer the suffering illness of alcoholism, otherwise he [the alcoholic] is doomed to an alcoholic death." Bill wrote that I'm not required to believe in anything (Tradition 3) but if I "sweep away prejudice and think honestly and diligently," which implies that I am prejudiced, dishonest, and that I

haven't searched diligently, "I will come to believe" as Bill and all his followers believed. These mixed messages can be very confusing for a newcomer.

Things make more sense to me today than relying solely on "Bill's word." I know how steel girders are made and how electricity works. It was engineering and science that enabled the Wright brothers to fly their plane, "not childish faith." (BB pg 52) Science has proven how stars are born as a result of gas, dust, and gravity. The 1939 steps are only the vessel for the message which I interpret in a way that works for me and my journey. What I thought was AA's attraction and promotion turned into what I felt was coercion in the fact that I am told I can't stay sober without God.



On February 28th I celebrated 5 years of continuous sobriety. I attend 13 meetings a week, both secular and traditional. As a result of working my program, I get to help women navigate the steps of AA. My recovery journey does not include any deity or higher power. Tradition 3 states that the only requirement for AA is a desire to stop drinking. Or is it?



Tracy H.



The Plain Truth

A parent of an autistic son keeps her amends to him simple and honest. Now it's time to live it.

My sobriety date is 2006 and since then I have made many, many amends through this amazing program. Some have been well-received, some not so much, but I always have felt better after making them.

The most vital and outstanding amends I've had the honor to make was to my autistic son. He was 14 at the time.

I call my son "Moose," as he is an awkward fellow with a mane of flaming red hair and a mountain man's red beard. His young life was made difficult by his condition and by his mother's constant drinking and his father's attempts to hold everything together. Our house was explosive, chaotic and unpredictable. When I finally hit rock bottom, (which directly involved Moose, but that's a story for another time) and made my way through the doors of AA, I learned a new way of living and being, of not having to drink no matter what, and of connecting with God and my family again.



On the day I made amends to Moose, I kept everything simple. Autism has no room for euphemisms, gray areas, untruths or colloquialisms. I told him the truth. "I drank too much alcohol and made bad decisions. I was mean to you. I was unkind. I lied to you. I broke promises. I wasn't really 'sick,' I was drunk or hungover and that's why I wouldn't get up. You were not safe we were not happy, and it was not your fault in any way. It was mine."

He looked at me and said, "Yes."

We alcoholics want to hear someone say, "Oh, you weren't that bad. Relax, you're being too hard on yourself." But that's not what happened. My son just leveled me with a cool blue-eyed stare and said, "Yes."

Then I told him, "I've joined a group called Alcoholics Anonymous. They're going to help me learn to live without alcohol. I'm going to try to be a better person, a better mom. I'm going to play with you, be home when I say I'm going to be home, not take your things and be here for you." He said, "OK."

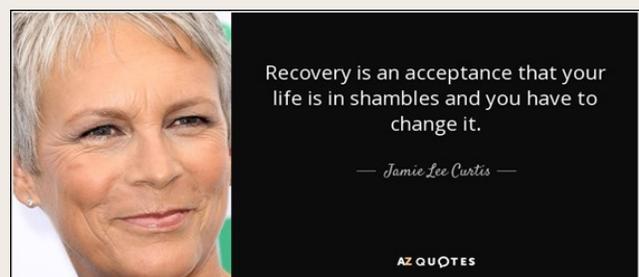
It was as simple as that.

However, I have had to live those amends I made, one day at a time. All day, every day. For Moose has a memory like an elephant and he will remind me if I start to fall back into my old ways. Moose is almost 30 now and he's my biggest sobriety supporter. He reminds me that we live life one day at a time. But we live that one day every day.

BY: CARLA H. | CHICO, CALIF.
Grapevine February 2023



beacon@aaworcester.org



June 2023

9



A Living Amends for when we are not able to do so in person

Dear B-----,

Hey Buddy, how are things? I hope everything is going well on your end.

By now I assume that by now you know about your mother's bout with breast cancer. But I think that you should know the following information. If not for yourself then should you decide to have a family down the road. You have them for your records.

Last September, your mother's mammogram showed a tumor in her left breast. Not large. It measured 1.1 cm. They performed a biopsy which came back positive for Invasive Ductal Carcinoma. Your mother originally wanted a total mastectomy, but the doctors changed her mind, and they performed a lumpectomy in December. She is just finishing twenty treatments for radiation by the time you get this letter. She will not need to undergo chemotherapy. She is just now telling me she is starting to feel signs of fatigue. She is determined to get through this.

The main reason for this letter is that I am working on Step 9. "Making amends to those we have harmed." Usually, this is done person to person. For times when face to face is not possible. We write the amends in a letter to the individual. Therefore, this letter is for you. If you would prefer to talk face to face or over the phone and you want to do it in person, you know how to contact me, I will take your call anytime.

It is funny that as I am writing this to you, I remember my father trying the same thing with me when I was young. We would meet in the city for lunch.

It did not go over very well. He wanted to start fresh and new and forget about the past. Like it never happened. The problem was that it did.

I am not going to get into details, but it left me angry and bitter. I do not wish to make the same mistake with you. I hope you know that if there is something you need to say to me to get off your chest, something I might have done to you that may leave a bitterness inside you and that you want to express it, that I am available for that also.

The reason for my last sentence is that my father never allowed me that time or acknowledgement of what I went through because of his drinking. That gave me a resentment. Resentment was a major player in my becoming an alcoholic. Now, you are angry(resentment) with your father as I was with my father. You have an alcoholic father, as did I. Certain genes carry through to you. You lived in an alcoholic home and have been affected because of an alcoholic parent, as did I. I might suggest that you try Al-Anon. It helps and it works. It would not hurt to hear what they have to say. Just like AA, but simply different. =^] And you can find them online.

What also took me out was my ego. I was never going to see my father again, period! I was that resentful! If I were to get back with my father, it would be on my terms, not his. Unfortunately, it was not on my terms, rather it was due to his late bout with lung cancer. I had less than six months to try and reengage with him. And no, I am not suffering from some ill-fated disease.

This is me trying to apologize and taking responsibility for my bulls***.

Buddy, I also want to let you know that I am not trying to find an excuse or blame for my drinking. Sadly, there is not one.

Buddy, alcohol took me, and I never saw it coming. I did not see the signs along the way that should have been red flags in my life. I liked the taste, the effect, and everything that came with it. My feeling was that it was a rite of passage. I drank a lot and often.

Alcohol led me down a dark path where I began to think about myself, and my feelings were more important than my responsibilities as a parent and husband. Even now I have days of reflection about my past and things become clearer the longer I stay sober.

(Continued next page)



(From previous page)



I cannot blame anyone other than myself. For that I am sorry.

Buddy, I can understand your anger, I truly can. I have been in your shoes with my own father. So, believe me when I say that I feel your pain. It should never have happened. And should not have gotten to this level.

I am extremely sorry for the pain that I caused you and what you had to endure because of my drinking. Words will never be able to explain any of my behavior whether it was the bulls*** lies or moral behavior during that period. I was a poor excuse as a father. For that, I am truly sorry. I was not in a good space during that time. That is for sure.

I cannot change the past, although at times I wish I could. I can, however, work on the person I was before.

In closing, Buddy, I truly hope you find happiness and joy in your life. Mine came when I married your mother and brought your sister and you into the world. I lost all of that when I lost myself to alcohol. Please do not allow the same mistake I made, happen twice.

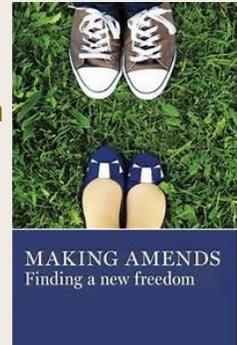
Should you decide that you do not want to get together, I understand. I hope that is not the case.

Every day I get better. I am not there yet, but I am a work in progress.

I love you Buddy, always have and always will.

Peace my son,

Love Dad





What's going on

aaemassd25.org
A.A. DISTRICT 25 PRESENTS

STEPPING STONES ROUNDUP



**A.A. FOUNDERS' DAY
SATURDAY JUNE 10 2023
8:00 A.M.-3:00 P.M.**

**ST. ANNE'S CHURCH
130 BOSTON TURNPIKE
SHREWSBURY, MA 01545**

CELEBRATE A.A. FOUNDERS' DAY BY ATTENDING THIS DAY OF DISCUSSIONS & WORKSHOPS ON A.A. FUNDAMENTALS - FEATURING FELLOWSHIP, FOOD, AND FUN!

INCL. AL-ANON PARTICIPATION

YOUR \$10 INCLUDES

- CONTINENTAL BREAKFAST
- BUFFET LUNCHEON
- RAFFLE PRIZES

Join us as we review the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service through presentations and interactive breakout sessions. Bring your questions for the Ask-it-Basket!

Questions? Contact: d25roundup@aaWORCESTER.org

5 scholarships will be made available!




venmo Carey D. @AAADistrict25

NORTHEAST REGIONAL FORUM

June 2-4, 2023
Boston Marriott Burlington, Burlington, MA

You are invited to the Northeast Regional Forum!

PURPOSE OF REGIONAL FORUMS

- Regional Forums are hosted by the A.A. General Service Board and "open" to all A.A. members or to anyone interested in A.A.
- Regional Forums are designed to enhance communication and participation between A.A. members, the General Service Board and staff and directors from the General Service Office and AA Grapevine.

PROGRAM

- Your Northeast Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service Board Trustees, AA Grapevine Inc. Publisher and Staff, A.A. World Services, Inc. Director, your region's Delegates, and past trustees.
- There will be presentations, workshops, panels, and more. There will also be sharing sessions that will allow you to comment and ask questions of the board and staff. A sample program is posted on aa.org under the Regional Forums tab.
- The event will take place on Friday from 6 p.m. – 10 p.m., Saturday from 9 a.m. – 9 p.m., and Sunday from 9 a.m. – 12 p.m.

REGISTRATION INFORMATION

- Registration is **FREE** and will open online at www.aa.org on March 6, 2023.
- All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.

HOTEL INFORMATION

Boston Marriott Burlington
1 Burlington Mall Road, Burlington, MA, 01803
Phone: (888) 236-2427

- Hotel reservations: <https://www.marriott.com/events/start.mi?id=1656440251662&key=GRP>

Last day to book May 15th

- Rate: Double Occupancy, \$159 per night US or Canadian
 - To receive the group rate, reference the event.

We look forward to seeing you in Boston!

For more information, please contact, Regional Forums Staff Coordinator, at regionalforums@aa.org or call (212) 870-3120



SOBRIETY

Making being in the moment a possibility

mematic.net

3rd Annual FRIENDS OF BILL

MENS AA CAMPING TRIP!

hosted by FOB Tuesday night mens meeting

JUNE 8TH - 11TH
@emerald lake state park.
Dorset, VT



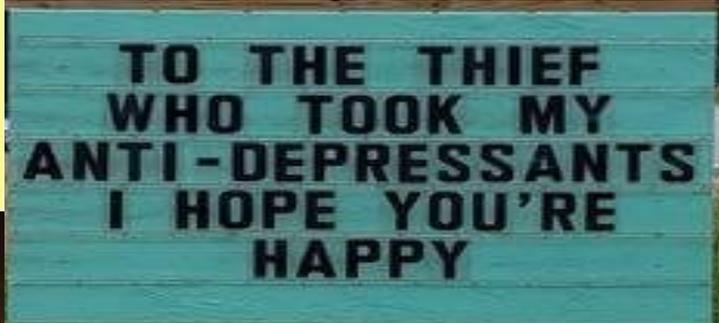
This is a fellowship event which includes outdoor AA meetings, A Wilson house meeting and a visit to Bill W's grave.

for more information & how to book a camp site please email: FOBmensAAcamping@gmail.com

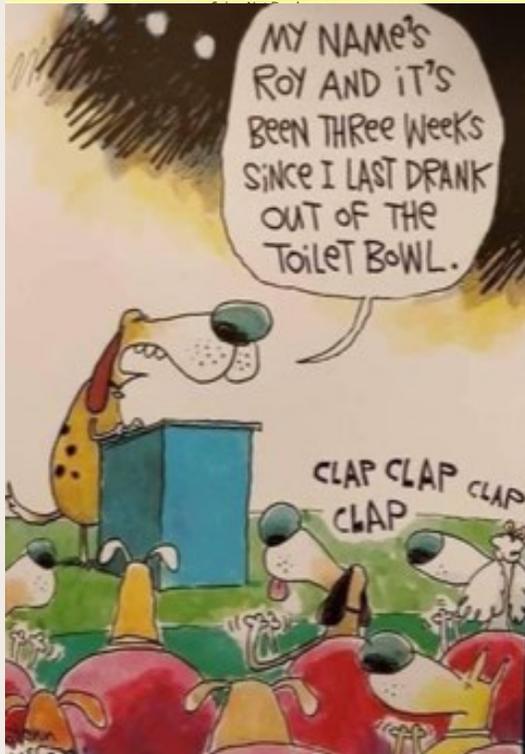
We are not a Glum Lot



Sometimes...
the first step
to forgiveness
is realizing
that the other
person... is
bat-s***crazy.



MAKING AMENDS INVOLVES MORE THAN SAYING



Definition of SOBER:

Son Of a Bitch,
Everything's Real!



your eCards
someecards.com

We will comprehend the word
Serenity
and we will



NO PEAS



What's going on WAI July calendar

Worcester Area Intergroup Calendar

Alcoholics Anonymous
in the heart of Massachusetts

2022 Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec 2024 Today

1 June 2023 - 30 June 2023

Jun 1	Thu	7:00 PM - 8:30 PM District 24 GSR Meeting	Still meeting via Zoom only? Normally held on the 1st Thursday at 7 pm at Trinity Church on Elm Street in Concord. Zoom link: us04web.zoom.us/j/9296006039?pwd=VUx2STJSdXRVZDFVS0pTY0ttVW9SUT09
		7:00 PM - 8:30 PM District 26 GSR Meeting	Currently meeting in-person and on Zoom. Emmanuel Lutheran 1200 John Fitch Hwy Fitchburg MA See attached PDF for Zoom information.
Jun 2	Fri	9:00 PM - 10:00 PM Northeast Regional Forum	For details see flyer
Jun 3	Sat	9:00 AM - 9:00 PM Northeast Regional Forum	For details see flyer
Jun 4	Sun	9:00 AM - 12:00 PM Northeast Regional Forum	For details see flyer
Jun 6	Tue	7:30 PM - 8:30 PM District 25 GSR Meeting	Hybrid meeting (Zoom+in-person) Salem Covenant Church 215 Mountain St East Worcester MA Web link: zoom.us/j/311969752 Password: Sober2020 District 25 GSR meeting in-person & Zoom.
		2:00 PM - 12:00 PM	The Friends of Bill men's group is hosting a camping trip and visit to the Wilson House. See attached flyer for details and contact
Jun 8	Thu	7:00 PM - 8:00 PM Worcester Area Intergroup Delegates Meeting	In-Person: Salem Covenant Church 215 Mountain St E. Worcester [GoogleMap] Online Zoom Link: zoom.us/j/912007235 Passcode Sober2020 Dial in 1 646 558 8656 Conf# 912 007 235 # Passcode 025337 #
		2:00 PM - 12:00 PM Friends of Bill Camping Trip	The Friends of Bill men's group is hosting a camping trip and visit to the Wilson House. See attached flyer for details and contact info.
Jun 9	Fri	2:00 PM - 12:00 PM Friends of Bill Camping Trip	The Friends of Bill men's group is hosting a camping trip and visit to the Wilson House. See attached flyer for details and contact info.
Jun 10	Sat	2:00 PM - 12:00 PM Friends of Bill Camping Trip	The Friends of Bill men's group is hosting a camping trip and visit to the Wilson House. See attached flyer for details and contact info.
		8:30 AM - 3:00 PM "Stepping Stones" Roundup	Hosted by District 25. St. Anne's Church 130 Boston Tpke. Shrewsbury, MA 01545 Tickets \$10. See flyer
Jun 11	Sun	2:00 PM - 12:00 PM Friends of Bill Camping Trip	The Friends of Bill men's group is hosting a camping trip and visit to the Wilson House. See attached flyer for details and contact info.
Jun 13	Tue	7:30 PM - 8:30 PM District 23 GSR Meeting	District 23 GSR meetings the 2nd Tuesday, 7:30 pm at Faith Community Church, 146 E. Main St in Hopkinton and on Zoom.
Jun 15	Thu	6:00 PM - 7:00 PM PI Committee Meeting via Zoom	PI joint committee meeting Join Zoom Meeting us06web.zoom.us/j/82792980756 Meeting ID: 827 9298 0756 Passcode: 206180
		7:15 PM - 8:00 PM Alcathon Planning Meeting via Zoom	7:00 pm Alcathon Committee Meeting Zoom ID: 867 9652 7922 Password: Alcathon See attached flyer.
Jun 16	Fri	6:30 PM - 8:30 PM Greendale 76th Anniversary	Food 6:30, guest speakers 7:30.
Jun 30	Fri	1:00 PM - 12:00 PM MSCYPAA Campout	Emerald Lake East Dorset VT. \$25pp. Visit mscypaa.com for details.

AA Events in Worcester and Metrowest Mass. Email: webmaster@aaWorcester.org



GRAPEVINE Daily Quote

“Newcomers are approaching AA at the rate of tens of thousands yearly. They represent almost every belief and attitude imaginable. We have atheists and agnostics. We have people of nearly every race, culture and religion. In AA we are supposed to be bound together in the kinship of a common suffering. Consequently, the full individual liberty to practice any creed or principle or therapy whatever should be a first consideration for us all. Let us not, therefore, pressure anyone with our individual or even our collective views. Let us instead accord each other the respect and love that is due to every human being as he tries to make his way toward the light. Let us always try to be inclusive rather than exclusive; let us remember that each alcoholic among us is a member of AA, so long as he or she so declares.”

AA Co-Founder, Bill W., July 1965, “Responsibility Is Our Theme,”
The Language of the Heart



THE LANGUAGE OF THE HEART

Bill W.'s
Grapevine Writings

“If I was to recover the wholeness, the oneness of my personality, if I truly wanted a rebirth of my human spirit, a taste of the joy of living, then ... I had to surrender, not only to alcohol as an alcoholic, but to life as a person.”

April 1970, “A Gift That Surpasses Understanding,” Spiritual Awakenings



SPIRITUAL AWAKENINGS

Journeys of the Spirit

Various Grapevine titles available at Worcester Area Intergroup Office. Please call first if you are looking for a specific title
Interested in receiving AA Grapevine Daily Quote directly in your mailbox? go to aagrapevine.org to sign up.
Great way to start your day!





7TH TRADITION

WORCESTER AREA INTERGROUP

Worcester Area Intergroup 7th Tradition					
Group Name	May	Total 2023	Group Name	May	Total 2023
Ashburnham Happy Joyous and Free		\$50.00	Northboro Women of Courage and Dignity		\$120.00
Auburn Group		\$200.00	Northbridge G.O.Y.A.		\$125.00
Auburn She Means Business		\$50.00	Paxton (both groups)	\$325.00	\$600.00
Auburn Thursday Womens	\$42.25	\$72.25	Rochdale Big Book		\$50.00
Barre Women's Wisdom In Recovery		\$50.00	Rochdale Recovery		\$50.00
Berlin Candlelight		\$200.00	Shrewsbury BB Workshop		\$206.50
Boylston As Bill Sees It	\$43.00	\$103.00	Shrewsbury Eternal Vigilance	\$250.25	\$1,509.25
Brookfield Unlimited Sobriety	\$50.00	\$250.00	Shrewsbury Simple Steps		\$43.00
Charlton Courage To Change		\$3.50	South Grafton Step		\$50.00
Charlton Daybreaker	\$651.46	\$2,637.76	Southboro We Believe		\$0.00
Charlton Life Second to None		\$200.00	Southbridge Noon Recovery Group	\$50.00	\$250.00
Clinton Shamrock		\$100.00	Sturbridge Key To Freedom		\$205.00
Concord Sobah Camel		\$20.00	Sturbridge Lighthouse 12x12	\$45.00	\$170.00
Douglas Maintenance & Repair	\$150.00	\$150.00	Sturbridge Women's Destiny		\$25.00
Douglas Monday BB		\$122.88	Upton Spirit		\$250.00
East Brookfield Friday Night Big Book		\$75.00	Uxbridge Sobah Sisters		\$56.05
East Brookfield Noon	\$300.00	\$450.00	Warren New Beginnings		\$300.00
Fitchburg Newman		\$100.00	Webster Early Risers	\$474.00	\$809.75
Foxboro Young Peoples		\$164.20	Webster Triton		\$220.00
Gardner Saturday Night		\$0.00	West Boylston Choices		\$60.00
Grafton Common Bond		\$110.00	Westboro Forge		\$150.00
Grafton Happy Joyous And Free		\$50.00	Worcester Acceptance & Attitudes	\$50.00	\$150.00
Grafton Reflections Group	\$93.00	\$160.00	Worcester BBSS		\$200.00
Gratitude Gang		\$92.50	Worcester Come As You Are		\$445.00
Harvard Catacombs III		\$0.00	Worcester Crozier	\$40.00	\$160.00
Harvard Happy Joyous and Free		\$0.00	Worcester Daily Choice	\$155.00	\$710.00
Holden Open Air	\$100.00	\$150.00	Worcester Four Corners	\$100.00	\$100.00
Hudson Second Chance		\$600.00	Worcester Friday Night 12 Step Discussion	\$50.00	\$100.00
Leicester Road to Recovery		\$110.50	Worcester Gratitude		\$100.00
Leominster Original		\$200.00	Worcester Green Hill Park Noontime		\$250.00
Living Sober (online)	\$10.00	\$220.00	Worcester Greendale	\$100.00	\$200.20
Milford Eye Opener	\$15.00	\$80.00	Worcester Hadwen Happy Hour	\$100.00	\$160.00
Millbury Spin to Win		\$163.00	Worcester Hi-Noon		\$200.00
Millbury Traditions		\$150.00	Worcester Joy Of Living		\$50.00
North Brookfield Sunset		\$125.00	Worcester Mid-Day	\$300.00	\$750.00
North Oxford One Day at a Time		\$100.00	Worcester People Helping People	\$25.00	\$75.00
North Oxford Primary Purpose	\$357.00	\$357.00	Worcester Saturday Morning Step		\$25.00
Northboro Friday Big Book		\$30.00	Worcester Way of Sobriety		\$249.95
Northboro Saturday Morning		\$5.00	Worcester Wednesday BBSS	\$150.00	\$150.00
Northboro Thursday BB		\$200.00	Worcester Women's Gratitude		\$0.00
Northboro Thursday Mid-Morning		\$5.00	Column Totals	\$4,025.96	\$17,231.29

Committees/Liasons	
Alcathoon	Jeff W
Beacon	Rich D/Stef D
Bookie Exchange	Open
Corrections	Open
District 25	Matt S
District 26	Richard M
Haltline	Sue W
Public Information	Bill G
Social	Dante Q
Treatment	Open
Website	Fred F
Zoom	Brandy H
MSCYPAA	Ray M

WAI Steering Committee	
Office Manager	Brandy H
Chair	Jane P
Alt-Chair	Ted K
Secretary	Cathy H
Alt-Secretary	OPEN
Treasurer	Katie M
Alt-Treasurer	OPEN
Trustees	Lynne S
	Bill S
	Ray M
	Naomi D

Worcester Area Intergroup

100 Grove St. Suite 314
Worcester, MA 01605



Worcester Area Intergroup

Office hours:

Monday	10-2 pm
Tuesday	10-3 pm
Wednesday	10-8 pm
Thursday	10-2 pm
Friday	closed
Saturday	10-2 pm
Sunday	closed



To get the Beacon:

- 1]FREE via email Beacon@aaworcester.org (While this is free, a \$5 donation would be appreciated)
- 2]For a printed copy, follow directions in the form below.



Fill out and mail to Worcester Area Intergroup, Suite 314, 100 Grove St, Worcester, MA 01605. For a printed copy, please enclose \$25.00.00 payment for a one year subscription

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL ADDRESS _____