

THE BEACON

The light at the end of the tunnel

Worcester Area Intergroup . 100 Grove Street . Suite 314 . Worcester, MA 01605

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beacon@aaworcester.org

State Convention:

Where New Friends Are Old Friends

One of the best parts of going to an AA convention is running into all the old friends you haven't met yet. Then there are all the old friends you haven't seen since the last convention, or, considering life under Covid, that you haven't seen in years.

But while not all the old friends you already know will be there, there will still be hundreds of new old friends eager to meet you for the first time at the 58th Annual Massachusetts State AA Convention, Nov. 11-13, at the Sturbridge Host Hotel, in Sturbridge. The early bird registration fee of \$25 jumps to \$30 on Oct. 16.

There will be speaker meetings, panels, a Saturday night dance, workshops, recovery, fellowship, fun, and more.

You can choose dinner/breakfast options. Lunch boxes will also be available. Registrations and checks must be received by Oct 31st.

The Sturbridge Host Hotel is offering a special convention rate of \$129-plus-tax until Oct. 20. Call the hotel at 508 347-7393, and tell them you are there for the AA convention.

For more convention information, visit www.aamastateconvention.org or email mastateconv@area31aa.org.

For hotel information visit www.sturbridgehosthotel.com, or call them at (508) 347-7393.

Register today. All your old friends are looking forward to seeing you again, especially the ones you haven't met yet.

October 2022



Happy October,

Group Contact forms are important.

They are how we stay in touch with you.

Not sure if we have one from your group? Call us, or get the form at <https://form.jotform.com/220377934534056>

Nominations for next year's WAI Officers and Trustees will be at our October meeting. The election is in November!

We will elect:

- Alternate Chairperson,
- Secretary,
- Alternate Secretary,
- Alternate Treasurer,
- Three Trustees.

Some position will be filled by appointment

Brandy Harris
Office Manager

Office Hours

Mondays 10 am-2 pm

Tuesdays 10 am-8 pm

Wednesdays 10am-8 pm

Thursdays 10 am-2 pm

Fridays 10 am-2 pm

Saturdays 9 am-2 pm

Sundays CLOSED

Crozier Monday Night Turns 50!

There aren't many people still hitting meetings who have been around for 50 years. Even fewer meetings have lasted that long.

Crozier Monday Night Meeting is one, and will celebrate its birthday Monday, Oct. 10th, St. Stephen's Church, 357 Grafton St, Worcester.

The group registered with Intergroup on February 1, 1973, and is the fifth oldest active group in Worcester, behind Greendale, Rebound, Quinsigamond, and Fellowship.

It was started by Crozier House staff, then moved to St. Francis Home, Our Lady of Loreto and Sacred Heart before St. Stephen's. There will be munchies and conversation starting at 6:30. The meeting begins at 7.



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Digital Drunk

* for previous issues of the
Beacon you can go to
<https://aaworcester.org/E-Beacon/ebeaconnew.htm>

beacon@aaworcester.org

WRITERS WANTED

Share your experience, strength, and hope with your fellow Worcester-area AAs

Any topic is a good topic if it ties to your sobriety. Articles can be several paragraphs or several hundred words.

The deadline is the 20th of every month for the following month's issue. Email your stories to Beacon@aaworcester.org

October 2022



She Doesn't Have a Higher Power, But She Isn't Staying Sober Alone

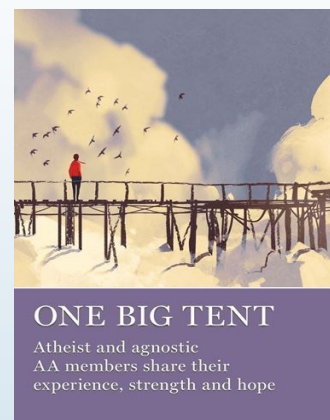
Step 2 tells me I need to believe that a power greater than me can restore my sanity. This implies I was insane in the first place. I have never been insane but I did need to correct my thinking. It is written in the Twelve and Twelve that the belligerent one won't believe, that her state of mind could only be described as savage, and that to get sober and stay sober, she needs to believe in a power greater than herself. Apparently I don't have to swallow this higher power stuff all at once but eventually I will with humility and an open mind. According to the Twelve and Twelve, without a higher power, I can't stay sober. The only clear message I see here is that I can't stay sober all by myself.



So how do I stay sober without god and without a higher power? The power inside of me is what drives the process. Just because I don't have an HP doesn't mean I'm playing god. I go to meetings, work with a sponsor, do service work to give back what was so freely given to me, and practice the principles of the program: Honesty, Hope, Surrender, Courage, Integrity, Willingness, Humility, Love, Responsibility, Discipline, Awareness, and Service. We AA's are kindred spirits at heart. I place a lot of importance in my relationships with those that came before me and have a strong foundation of recovery. The AA fellowship saved my life. It is said that through help and love, together we can do what we never could alone. I didn't get sober alone.

I can't stay sober alone.

I have learned that it doesn't matter what I believe or don't believe. What matters is staying away from a drink, how I think, what I say and how I say it, and how I act. I promise to be the secular voice I didn't hear when I was new and struggling. My sponsor taught me to walk my talk and that's how I move forward one step at a time, one day at a time, in this journey on the road of continuing recovery, but not alone.



• **Tracy H.**

*A Grapevine book
available at Intergroup*



Tradition 10

Short Form:

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Long Form:

No AA group or member should ever, in such a way as to implicate AA, express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.



Tradition 10 – An Essay by Bill W.



THE LANGUAGE OF THE HEART

Bill W.'s
Grapevine Writings

To most of us, Alcoholics Anonymous has become as solid as the Rock of Gibraltar. We like to believe that it will soon be as well-known and just as enduring as that historic landmark. We enjoy this pleasant conviction because nothing has yet occurred to disturb it; we reason that we must hang together or die. Hence we take for granted our continued unity as a movement.

But should we? Though God has bestowed upon us great favors, and though we are bound by stronger ties of love and necessity than most societies, is it prudent to suppose that automatically these great gifts and attributes shall be ours forever? If we are worthy, we shall probably continue to enjoy them. So the real question is, how shall we always be worth of our present blessings?

Seen from this point of view, our AA Traditions are those attitudes and practices by which we may deserve, as a movement, a long life and a useful one. To this end, none could be more vital than our Tenth Tradition, for it deals with the subject of controversy – serious controversy.

On the other side of the world, millions have died even recently in religious dissension. Other millions have died in political controversy. The end is not yet. Nearly everybody in the world has turned reformer. Each group, society, and nation is saying to the other, “You must do as we say, or else.” Political controversy and reform by compulsion have reached an all-time high. And eternal, seemingly, are the flames of religious dissension.

(Continued next page)



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Being like other men and women, how can we expect to remain forever immune from these perils? Probably we shall not. At length, we must meet them all. We cannot flee from them, nor ought we try. If these challenges do come, we shall, I am sure, go out to meet them gladly and unafraid. That will be the acid test of our worth.

Our best defense? This surely lies in the formation of a tradition respecting serious controversy so powerful that neither the weakness of persons nor the strain and strife of our troubled times can harm Alcoholics Anonymous. We know that AA must continue to live, or else many of us and many of our fellow alcoholics throughout the world will surely resume the hopeless journey to oblivion. That must never be.

As though by some deep and compelling instinct, we have thus far avoided serious controversies. Save minor and healthy growing pains, we are at peace among ourselves. And because we have thus far adhered to our sole aim, the whole world regards us favorably.

May God grant us the wisdom and fortitude ever to sustain an unbreakable unity.



Reprinted from The
Language of the
Heart. New York: AA
Grapevine, Inc., 1988.



beacon@aaworcester.org

AA Acronyms

There are numerous AA acronyms. Here are just three. Send us your favorites and we'll run them in a future issue

~~~~~

### EGO

Edging

God

Out

~~~~~

HUMILITY

Humble yourself

Use the tools

Make phone calls

Invite friendships

Let go of resentments

Increase prayer & meditation

Take your time

YOU – be the best you can be

~~~~~

### WAIT

Why

Am

I

Talking?

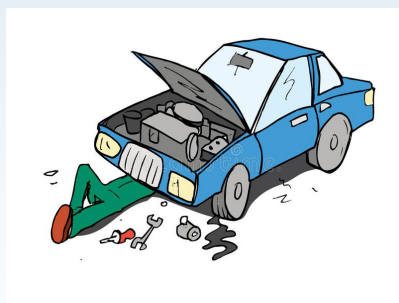
October2022



## STEP TEN:

***“Continued to take personal inventory and when we were wrong promptly admitted it.”***

## It’s Tune-Up Time



We have arrived at what are referred to as the maintenance steps. Steps 10, 11 and 12 help us maintain the sobriety we earned during the previous nine.

I would like to say I am totally on top of Step 10. I am not. Step 10 tells us to continue to take personal inventory. Sounds like an on-going task, or at least a daily one. I am more of a spot checker. If something feels wrong, I will sit and reflect on it. If I see that I have harmed someone or done something wrong, I will promptly correct the situation.

Because I follow the steps, I have a handy “pause button.” This helps to keep my mouth and pen in check so fewer amends need be made.

Some prefer to take a nightly inventory. They review their actions for the day, both good and not-so. We are advised to look closely at our motives. Were we selfish and self-serving? Did we deliberately hurt someone?

Knowing the *whys* of our behavior gives us insight and helps us to change that behavior.

Whether you are a spot checker or a nightly inventory taker, it is important to continue this practice, and...

***“...when we were [are] wrong promptly admitted it.”***

This keeps us from carrying the weight of the world on our shoulders.

So, we should stand up straight, take responsibility for our actions and correct them when we are wrong. A great way to maintain sobriety.

**— Beth H.**

## Time For an Amends?

“When do I owe an amends?” I asked. It was at a beginners meeting, and there were old-timers there willing to answer, or at least try to answer, any questions we might have for them.

I got my answer that has stuck with me ever since:

“If you go to bed at night and think about your day,” I was told, “and can go right to sleep, you do not owe anyone an amends. But if there is something you did that keeps you awake... you do.”

And then he added the kicker.

“But the longer you are sober and the better you work the program... the harder it is to sleep.”

He was right.

**—TCS**



## God(s):

### As We Understand Him/Her/It/Them

One of phrases that bothered me when I got into AA was “God as we understand Him.” My first reaction was that “we” in AA had to agree on who or what God is: AA has a God and in order to get sober and stay sober I had to find and believe in the “AA God.” This would not work for me. I had spent a lot of years studying God and the more I studied God the more confused I got. Unfortunately, in my early AA days, I wound up at a few meetings where God was *defined*... and I was not impressed by the definitions. Some of those meetings still exist, and I avoid them.

I get a lot more out of talking about how God works in my life and how I try to listen and obey God than from trying to define God, or convince you that I have the only God worth having. Aristotle “defined” God as pure thought thinking itself. If you are like me, pondering that pronouncement for too long could lead to using an ice cube surrounded by a sea of Scotch as a study guide.

I do have a God, a God with a name. I also have a personal belief system, and even a church and denomination that I am active in. None of this is any of your business... at a meeting. If you want to talk about it afterwards... fine. Tradition 10 says we have no opinion on outside issues. God is an inside issue. Religion or specific beliefs are not.

I do not try to define God because when you define something, you limit it, and my God is much too big to have any limits whatsoever. But **I do know three things about God:**

- 1 **God can do anything.**
- 2 **God wants me to be happy, joyous, and free.**
- 3 **God has no taste. God loves people I don't even want to be in the same room with... and I have to learn how to love them, too.**

It's because I do not try to define God that I am free to sit, share and even pray with people who have totally different Gods. Ironically, I am more in tune with some people who honestly question God's existence and others who believe in different Gods – and in some cases a Goddess, or even an entire panoply of Gods and Goddesses – than I am with some people who believe in the same God I do.

Go figure.

My goal in life is to get to develop a mature relationship with God. This means my ideas about God, like my relationship, have changed. It's part of growing up, and older. In **Falling Upward: A Spirituality for the Two Halves of Life**, Richard Rohr, a Franciscan monk, talks about the second half of life and how our relationship with God changes as both we and our faith mature:

**“Their God is no longer small, punitive, or tribal. They once worshipped their raft; now they love the shore where it has taken them. They once defended signposts; now they have arrived where the sign pointed. They now enjoy the moon itself instead of fighting over whose finger points to it most accurately, quickly, or definitively.”**

I don't have to understand God, I just have to know God... and serve.





## Concept X

**Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.**

Our service structure cannot function effectively and harmoniously unless, at every level, each operational responsibility is matched by a corresponding authority to discharge it.

This requires that authority must be delegated at every level and that the responsibility and authority of every entity are well defined and clearly understood.

“It is perfectly clear,” says Bill, “that when delegated authority is operating well, it should not be constantly interfered with.” Otherwise, he warns, “those charged with operating responsibly will be demoralized.”

“To sum up: Let us always be sure that there is an abundance of final or ultimate authority to correct or to reorganize; but let us be equally sure that all of our trusted servants have a clearly defined and adequate authority to do their daily work and to discharge their clear responsibilities.”

So, what does this mean at the Group level? It means that we delegate authority to our GSR to discuss and vote on our Group’s behalf at the District Meetings and Area Assemblies. We delegate our Group’s financial well-being to our Treasurer and trust that they will report all income and expenses to our group. We delegate authority to set up and make coffee in time for our meeting to those we have elected to those jobs.

On an individual member level, we trust that our Group keep confidential what we discuss. We trust that our Sponsor has worked the Steps in order to guide us through them.



***Interested in Service Work outside the Home Group? Contact Brandy at the Intergroup Office.***





## A view from the other side. A review of “This Naked Mind, Alcohol Control” by Annie Grace

In the book “The Art of War” written by Sun Tzu, the author states, “know thy enemy and know thy self and you need not fear the result in battle” I know my enemy and it is alcohol. For me, this book is another tool in the toolbox that I like to have around to help me to better understand alcoholism. Kind of that feeling you get when you splash icy water on your face first thing in the morning, now you are awake.

**\*This book is not AA approved literature.**

What brought me to write about this book was that I was in a rut. Those moments you get every now and then where meetings are not helping, or you are not hearing the message. I needed something different. I was beating myself up with the endless question, why me? I had experienced firsthand what alcohol can do to a person, I learned as a child the decimation that alcohol brings to the family. Yet I took the drink anyway, why? In this book, I found answers to a lot of those whys.

Another thing that drew me to this book was after reading the Preface, I knew immediately, that the author is one of us. She is an alcoholic. Her story reads much like the first story out of Experience, Strength, and Hope, titled “The Unbeliever.” It is where, as the reader, you are thrown into the mind of an alcoholic who is in the end stages of their alcoholism. The racing thoughts and chaos is in full swing.

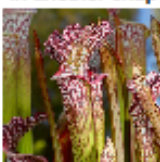
In her closing of the preface, she states what she is trying to accomplish in authoring this book. Offering “a perspective of education and enlightenment based on common sense” along with “insights from psychology and neuroscience.” for the reader. She backs it up with research, PLENTY of credible research. She even encourages the reader to explore the footnotes she provides and look it up for themselves.

This book gets into the physical and mental aspects usually associated with alcoholism. It provides extensive insights about our disease and reinforces things we already know. For me, after reading the book, I was left at that “aha” moment you get when someone turns the light on in the room and you can finally see.

The author begins by explaining about our conscious and unconscious learning process. Conscious learning being defined as acquiring an “intellectual grasp of specific knowledge or procedures, which you can memorize and articulate.” (p. 23).

With unconscious learning, we learn through experience, whether it be good or bad. She uses an example of “we make a conscious decision to stop or slow down our drinking” and “our unconscious mind” does not get the message.” What happens to the alcoholic who tries to slow down or stop their drinking without some sort of help? Our body begins to miss the drink and the craving begins. For the alcoholic, this is a dangerous place. It usually ends in failure unless the alcoholic first seeks help. I had not heard the phrase “One is to many and a thousand is not enough” until I came into A.A. I was beginning to see how my conscious mind knows that I cannot take as little as one drink where my unconscious mind tells me that a thousand is not enough.

In another chapter she describes the pitcher plant. For those of you that do not know about the pitcher plant, it is a carnivorous plant (think of Venus flytrap). It sends out a scent that attracts other insects. For the insect, the scent is too strong to resist. It flies into the plant to fill up on the nectar. Once inside, the insect is trapped, as they fill on the pollen thinking they are safe, that they can fly away at any time. Never realizing they are in danger until it too late. Sound familiar?



How many of us have been like the insect within the plant, never sees it coming until it is too late. Much like the insect that was trapped inside the pitcher plant struggling to escape. We like to think we are in control, until that first time we try to stop. Then realize we cannot. With the insect, it means certain death. Whereas with humans, death is one of

Continued Pg 10



## What's going on in District 25

**October, 15**

**Open Mic / Karaoke Night**

Present by Central MA Bid for MSCYPAA

Salem Covenant Church  
215 Mountain St E  
Worcester MA, 01606

Meeting 6 pm- 6:45 pm Event 7pm -10pm  
\$1 for 2 slices of Pizza  
Custom Contest - PRIZE TBA

\$10 suggested Donation

NEW LOCATION

AA RECOVERY

THE WAY TO SOBRIETY  
SUNDAYS: 9:30 AM – 10:30 AM  
AT

AMERICAN LEGION

VERNON HILL AMERICAN LEGION POST 435  
267 Providence Street, Worcester, MA 01607

NEW LOCATION

the three options on the table if we do nothing to stop. If you are reading this now, then you made it out before it was too late.

She asks questions such as “How long of a period was it from when you first thought came in your head asking yourself if you might have a drinking problem until the first time you sought help. Finally, how long was it before you decided to stay sober permanently? I do not know about you, that was a long time. Too long to let continue. But I hope and pray to stay sober.

What I like that Grace does is to lay out everything related to alcohol. How it affects our minds, both conscious and unconscious. How it affects our bodies, how society views on alcoholism effect the way we feel at times. Ever notice when watching television commercials about medications that they have all those warnings about reactions you might have while taking it. Now think about alcohol commercials. What warning do the give? Drink responsibly. No warnings about excessive use may lead to liver damage, kidney damage, heart disease and cancer, divorce, bankruptcy, and broken homes. How fast would you be looking for your next drink if you heard that commercial?

I was beginning to realize something after reading the book. I had that feeling that Dr. Bob must have had after speaking with Bill Wilson for the first time. How one alcoholic speaking to another alcoholic in only the way we understand. I could relate to what Grace wrote about. The author is a bright well-educated woman, and she packs a lot of information in her book. After finishing the book, I felt that I had learned something I already knew but had learned it the hard way. That alcohol is a highly addictive substance. Drink enough of it, there is chance you may become an alcoholic. I know to be true because I am an alcoholic. In her closing, after everything she lays out in the book, she leaves it up to the reader to decide whether they are an alcoholic. For me, there is no question I am an alcoholic. The pain from my last bottom is still there. Just as painful as if it just happened. I know my enemy and it is alcohol.

### ~The Digital Drunk

[beacon@aaworcester.org](mailto:beacon@aaworcester.org)

October 2022



# We are not a Glum Lot



Remember that alcohol helps to remove the stress, and also the bra, the panties, funds in your bank account and many other things

An alcoholic is someone who wants to be held while isolating.

Alcoholics, forever burning their bridges in front of themselves.

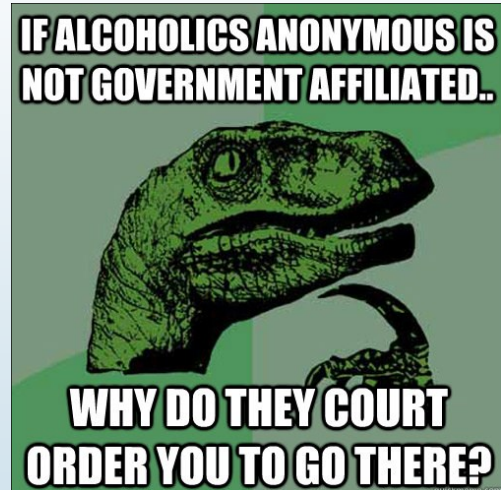
Three most dangerous words for an alcoholic: "I've been thinking"

What do exorcists and alcoholics have in common? They both treat demons with spirits!

I try to take life one day at a time,  
But sometimes several days attack me at once.

If it's progress not perfection,  
Shouldn't half measures avail us 50%?

Guys trying to impress newcomers after the meeting





# October Events and Meetings



## 1 October 2022 - 31 October 2022

|        |     |                                                                     |                                                                                                                                                                                                                                                                                                                                           |
|--------|-----|---------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Oct 1  | Sat | 1:00 PM - 5:00 PM<br>Voices of AA                                   | See flyer for details                                                                                                                                                                                                                                                                                                                     |
| Oct 1  | Sat | 4:00 PM - 6:00 PM<br>MSCYPAA Planning Meeting                       | In-Person & Zoom:<br>320 W. Center St.<br>W. Bridgewater MA.<br>Zoom# 869-1334-3981<br>P/C: 620884                                                                                                                                                                                                                                        |
| Oct 4  | Tue | 7:30 PM - 8:30 PM<br>District 25 GSR Meeting                        | Hybrid meeting (Zoom+in-person)<br>Salem Covenant Church<br>215 Mountain St East<br>Worcester MA<br><br>Web link: <a href="https://zoom.us/j/311969752">zoom.us/j/311969752</a><br>Password: Sober2020<br><br>District 25 GSR meeting in-person & Zoom.                                                                                   |
| Oct 5  | Wed | 5:00 PM - 6:00 PM<br>Alcathon Planning Meeting                      | Zoom link: <a href="https://us06web.zoom.us/j/86796527922">us06web.zoom.us/j/86796527922</a><br>Meeting ID: 867 9652 7922<br>Passcode: Alcathon<br>ALL ARE WELCOME TO ATTEND                                                                                                                                                              |
| Oct 6  | Thu | 7:00 PM - 8:30 PM<br>District 26 Meeting                            | Currently meeting in-person and on Zoom.<br>Emmanuel Lutheran 1200 John Fitch Hwy<br>Fitchburg MA<br><br>See attached PDF for Zoom information.                                                                                                                                                                                           |
| Oct 6  | Thu | 7:30 PM - 8:30 PM<br>District 24 GSR Meeting                        | Still meeting via Zoom only?<br>Normally held on the 1st Thursday at 7 pm at Trinity Church on Elm Street in Concord.<br>Zoom link: <a href="https://us04web.zoom.us/j/9296006039?pwd=VUx2STJSdXRvZDFVSD0pTY0tVW9SUT09">us04web.zoom.us/j/9296006039?pwd=VUx2STJSdXRvZDFVSD0pTY0tVW9SUT09</a>                                             |
| Oct 11 | Tue | 7:30 PM - 8:30 PM<br>District 23 GSR Meeting                        | District 23 GSR meetings the 2nd Tuesday, 7:30 pm at Faith Community Church, 146 E. Main St in Hopkinton and on Zoom.                                                                                                                                                                                                                     |
| Oct 13 | Thu | 7:00 PM - 9:00 PM<br>Worcester Area Intergroup<br>Delegates Meeting | <b>In-Person:</b><br>Salem Covenant Church<br>215 Mountain St E. Worcester [ <a href="#">GoogleMaps</a> ]<br><br><b>Online Zoom</b><br><b>Link:</b> <a href="https://zoom.us/j/912007235">zoom.us/j/912007235</a><br><b>Passcode</b> Sober2020<br><b>Dial in</b> 1 646 558 8656<br><b>Conf#</b> 912 007 235 #<br><b>Passcode</b> 025337 # |
| Oct 15 | Sat | 6:00 PM - 10:00 PM<br>MSCYPAA Karaoke Night                         | Open Mic / Karaoke Night<br>Presented by Central MA Bid for MSCYPAA<br><br>Meeting 6pm - 6:45<br>Event 7pm - 10pm<br><br>\$10 suggested donation<br><br>\$1 for 2 pizza slices<br>Costume contest! Prizes TBA                                                                                                                             |
| Oct 19 | Wed | 5:00 PM - 6:00 PM<br>Alcathon Planning Meeting                      | Zoom link: <a href="https://us06web.zoom.us/j/86796527922">us06web.zoom.us/j/86796527922</a><br>Meeting ID: 867 9652 7922<br>Passcode: Alcathon<br>ALL ARE WELCOME TO ATTEND                                                                                                                                                              |
| Oct 21 | Fri | 12:00 PM - 2:00 PM<br>MSCYPAA XXIV                                  | MSCYPAA XXIV - Massachusetts State Convention of Young People in AA.<br>Hotel 1620 Plymouth Harbor, Plymouth. See attached flyer or visit <a href="https://mscypaa.com/">mscypaa.com/</a>                                                                                                                                                 |
| Oct 21 | Fri | 7:00 PM - 10:00 PM<br>Halloween Dance                               | Dinner & dessert. DJ & dancing. See attached flyer for details                                                                                                                                                                                                                                                                            |
| Oct 22 | Sat | 12:00 PM - 2:00 PM<br>MSCYPAA XXIV                                  | MSCYPAA XXIV - Massachusetts State Convention of Young People in AA.<br>Hotel 1620 Plymouth Harbor, Plymouth. See attached flyer or visit <a href="https://mscypaa.com/">mscypaa.com/</a>                                                                                                                                                 |
| Oct 23 | Sun | 12:00 PM - 2:00 PM<br>MSCYPAA XXIV                                  | MSCYPAA XXIV - Massachusetts State Convention of Young People in AA.<br>Hotel 1620 Plymouth Harbor, Plymouth. See attached flyer or visit <a href="https://mscypaa.com/">mscypaa.com/</a>                                                                                                                                                 |
| Oct 25 | Tue | 7:00 PM - 9:00 PM<br>MA State Convention Meeting                    | In-person & via Zoom. Sturbridge Host Hotel, 366 Main St, Sturbridge. Zoom info TBS. See attached flyer for more info.                                                                                                                                                                                                                    |
| Oct 28 | Fri | 8:00 PM - 11:00 PM<br>Halloween Party                               | See flyer for details.                                                                                                                                                                                                                                                                                                                    |

AA Events in Worcester and Metrowest Mass. Email: [webmaster@aaWorcester.org](mailto:webmaster@aaWorcester.org)



# Area 30

## Delegates Message

Delegate's Report for Area 30, Eastern Massachusetts

September 2022 Monthly Meeting

Theme of the 73<sup>rd</sup> General Service Conference:

"A.A.'s Three Legacies – Our Common Solution"

September 28, 2022

### 1. 73<sup>rd</sup> General Service Conference Update

An updated Proposed Agenda Items report is included with the documents for tonight's meeting and has posted to [aaemass.org](http://aaemass.org). The report indicates that 150 items were submitted by the September 15<sup>th</sup> deadline. The report details only 97 of those items. These are the only items that have been translated and reported as of now. As the remaining items are translated, they will be added to the report.

### 2. GSO Staff Update

It has been announced that Karina C. has joined GSO as our Group Services Coordinator. Karina is the former Associate Editor for the Grapevine. A new CPC Coordinator is expected to be announced within a few weeks.

### 3. Grapevine / La Vina Update

Grapevine is developing a smartphone app for both Grapevine and La Viña magazines. The app will be a hand-held control center for all things Grapevine and La Viña. Included in the features will be the monthly magazine, archives of every magazine since 1944, audio playlist of every current article, links to podcasts and more. We want your input and ideas too. Email us at [social@agrapevine.org](mailto:social@agrapevine.org). Please put "App Ideas" in the subject line.

Thank you for the opportunity to serve.

In love and service,

Jan W.

Panel 71 Delegate

[delegate@aaemass.org](mailto:delegate@aaemass.org)

617.823.5543



What's going on

# Massachusetts State Convention Areas 30 & 31 November 11—13, 2022



**Convention Registration:** Early bird only \$25 thru Oct 15; \$30 thereafter Click on the image to the right and use the QR Code found in the flyer or visit our website to Register and choose your dinner/breakfast options today at [aamastateconvention.org](http://aamastateconvention.org) (link is external)! Lunch boxes will also be available at the Hotel. Mailed registrations & checks must be received by Oct 31st.

**Room Reservations:** Guaranteed Convention Special \$129+tax rate expires Oct 20. To credit the AA Account, please reserve directly by phone with the Sturbridge Host Hotel and Conference Center Tel. 508 347-7393 View hotel rooms [www.sturbridgehosthotel.com/](http://www.sturbridgehosthotel.com/)(link is external) or visit 366 Main St. Sturbridge

**Questions? Help!** We are here to help! Mailable registration forms available on [website](#)(link is external) or just ask us for one.

Contact email: [mastateconv@area31aa.org](mailto:mastateconv@area31aa.org)(link sends e-mail)

See you in November!

Walk-In Registrations are Welcome at the Convention



What's going on  
Worcester Area  
Intergroup

15



**WORCESTER AREA INTERGROUP**  
- PRESENTS -

**"STAYIN' ALIVE"**




**HALLOWEEN DISCO PARTY!**  
**& Costume contest**

*music by*  
**DJ ANONYMASS**

LIVE DJ // CONTESTS & PRIZES // GAMES // FOOD & SNACKS

**FRIDAY, 28TH OCTOBER 2022**  
**DOORS OPEN @8PM - 11PM**

**DRESS CODE: COSTUMES encouraged**

 1070 Pleasant St,  
Worcester, MA 01602

[social@aaworcester.org](mailto:social@aaworcester.org)

[beacon@aaworcester.org](mailto:beacon@aaworcester.org)

October2022



# What's going on in District 26



## *Baking Contest*



**Friday, October 21<sup>st</sup>**

**Leominster Veterans Memorial Center**

100 West St, Leominster

**\$ 5 in advance \$7 at the door** includes light meal & dessert

Coffee, tea, water and juice box for kids (Bring your own soda)

**Children under 12 free**

*All are welcome*

- **Prizes for Best Costume Kids and Adults**
    - Prize for Baking Contest winner
    - Gift Basket Raffles \*50/50 Raffles
- 9 pm winners announced*

**Doors Open at 6PM** for coffee and Baking  
Contest entries drop off

**Food at 7PM, Meeting 7:30**

**Dancing 8PM till 10:PM with** DJ Greg "Music for A Cause"

*"Music For A Cause" has donated their fee to 988 Suicide & Crisis Lifeline*

For advanced tickets: Tim B. (978) 407-3148 [www.aadistrict26.org](http://www.aadistrict26.org)





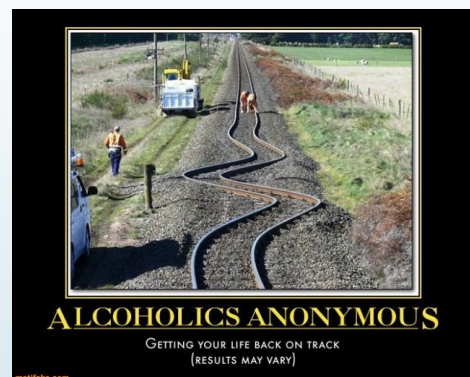
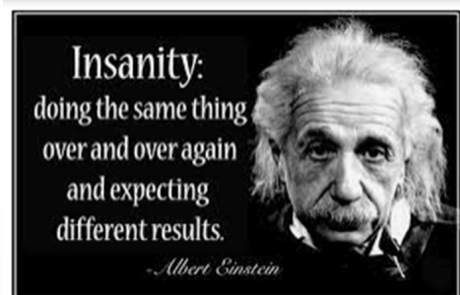
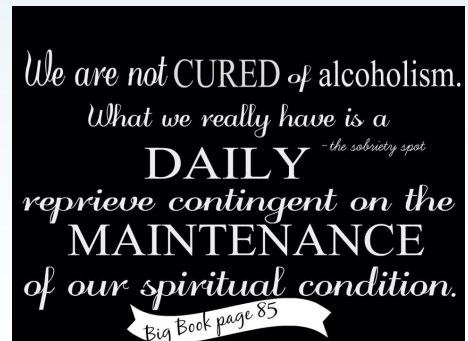
# 7th Tradition

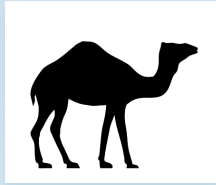
Worcester Area Intergroup

Volume 1 Issue 11



| WORCESTER AREA INTERGROUP, INC          |             |
|-----------------------------------------|-------------|
| Transaction Report                      |             |
| September 2022                          |             |
| Name                                    | Amount      |
| Total for Charlton Daybreaker           | \$ 762.16   |
| Clinton Central Park                    | 0.55        |
| Clinton Shamrock                        | \$ 73.00    |
| Douglas Never Back Down                 | 50.00       |
| E Brookfield Noon                       | 200.00      |
| Grafton Easy Does It                    | 217.75      |
| Grafton Happy Joyous & Free             | 70.00       |
| Grafton Reflections Group               | 70.00       |
| Gratitude Gang                          | 30.00       |
| Holden Open Air                         | 100.00      |
| Holden Step Sisters                     | 18.00       |
| LIVING SOBER                            | 10.00       |
| Milford Eye Opener                      | 35.00       |
| Northboro Friday Noon BB                | 40.00       |
| Rochdale Big Book                       | 100.00      |
| Rochdale Recovery                       | 50.00       |
| Shrewsbury Eternal Vigilance            | 379.50      |
| Westboro Get Well Slowly                | 73.00       |
| Worcester Come As You Are               | 20.00       |
| Worcester Crozier Group                 | 20.00       |
| Worcester Daily Choice # 713317         | 230.00      |
| Worcester Greendale                     | 200.00      |
| Worcester Hadwen Happy Hour             | 100.00      |
| Worcester High Noon                     | 100.00      |
| Worcester Joy of Living                 | 100.00      |
| Worcester Quinsigamond                  | 200.00      |
| Worcester Stronger Together             | 20.00       |
| Worcester Washburn House                | 5.50        |
| Worcester Wednesday BBSS                | 0.50        |
| Total Group contributions for September | \$ 3,274.96 |





**Worcester Area Intergroup**

**Office hours:**

|                  |                |
|------------------|----------------|
| <b>Monday</b>    | <b>10-2 pm</b> |
| <b>Tuesday</b>   | <b>10-8 pm</b> |
| <b>Wednesday</b> | <b>10-8 pm</b> |
| <b>Thursday</b>  | <b>10-2 pm</b> |
| <b>Friday</b>    | <b>10-2 pm</b> |
| <b>Saturday</b>  | <b>9-2 pm</b>  |
| <b>Sunday</b>    | <b>Closed</b>  |



Fill out and mail to Worcester Area Intergroup, Suite 314, 100 Grove St, Worcester, MA 01605. For a printed copy, please enclose \$25.00.00 payment for a one year subscription

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

***To get the Beacon:***

*1]FREE via email Beacon@aaworcester.org (While this is free, a \$5 donation would be appreciated)*

*2]For a printed copy, fill out the form below subscription*